

# Population health profile of the Adelaide Northern Division of General Practice

Population Profile Series: No. 87

PHIDU

November 2005



© Commonwealth of Australia 2005

This work may be reproduced and used subject to acknowledgement of the source of any material so reproduced.

## National Library of Australia Cataloguing in Publication entry

---

Population health profile of the Adelaide Northern Division of General Practice.

Bibliography.

ISBN 0 7308 9495 9.

1. Public health - South Australia - North Adelaide - Statistics. 2. Health status indicators - South Australia - North Adelaide - Statistics. 3. Health service areas - South Australia - North Adelaide. 4. North Adelaide (S. Aust.) - Statistics, Medical. I. Public Health Information Development Unit (Australia). II. Australia. Dept. of Health and Ageing. III. Australian Institute of Health and Welfare. (Series : Population profile series, 1833-0452 ; no. 87).

362.10994231

ISSN 1833-0452 Population Profile Series

### Public Health Information Development Unit, The University of Adelaide *A Collaborating Unit of the Australian Institute of Health and Welfare*

---

This profile was produced by PHIDU, the Public Health Information Development Unit at The University of Adelaide, South Australia. The work was funded under a grant from the Australian Government Department of Health and Ageing. The views expressed in this profile are solely those of the authors and should not be attributed to the Department of Health and Ageing or the Minister for Health and Ageing.

The data in this report are designed to be used for needs assessment and planning purposes: while they are based on the best available data and analytic processes, data available by postcode or Statistical Local Area, as used in this report, cannot be precisely translated to Division. Division totals in the report should, therefore, be seen as estimates. Interpretation of differences between data in this profile and similar data from other sources needs to be undertaken with care, as such differences may be due to the use of different methodology to produce the data.

Suggested citation:

PHIDU. (2005) *Population health profile of the Adelaide Northern Division of General Practice*. Population Profile Series: No. 87. Public Health Information Development Unit (PHIDU), Adelaide.

Enquiries about or comments on this publication should be addressed to:

PHIDU, The University of Adelaide, South Australia 5005  
Phone: 08-8303 6237 or e-mail: [PHIDU@publichealth.gov.au](mailto:PHIDU@publichealth.gov.au)

This publication, the maps and supporting data, together with other publications on population health, are available from the PHIDU website ([www.publichealth.gov.au](http://www.publichealth.gov.au)).

Published by Public Health Information Development Unit, The University of Adelaide

Contributors: Anthea Page, Sarah Ambrose, Liz Fisher, Kristin Leahy and John Glover

# Population health profile

## Adelaide Northern Division of General Practice

### Introduction

This profile has been designed to provide a description of the population of the Adelaide Northern Division of General Practice, and aspects of their health. Its purpose is to provide information to support a population health approach, which aims to improve the health of the entire population and to reduce health inequalities among population groups: a more detailed discussion of a population health approach is provided in the supporting information, page 17.

### Contents

The profile includes a number of tables, maps and graphs to profile population health in the Division and provides comparisons with other areas (eg. Adelaide and Australia). Specific topics covered include:

- a socio-demographic profile (pages 2-6);
- GP workforce data (page 7);
- immunisation rates (page 7);
- rates of premature death (page 8); and
- estimates of the prevalence of chronic disease and selected risk factors (pages 9-13).

### Key indicators

<b>Location:</b>	South Australia	
<b>Division number:</b>	502	
<b>Population‡:</b>	<b>No.</b>	<b>%</b>
Total	188,559	
65+	21,146	11.2%
<25	69,780	37.0%
Indigenous	3,412	1.9%
<b>Disadvantage score<sup>1</sup>:</b>	913	
<b>GP services per head of population:</b>		
Division‡	5.6	
Australia	4.7	
<b>Population per FTE GP:</b>		
Division‡	1,413	
Australia	1,403	
<b>Premature death rate<sup>2</sup>:</b>		
Division‡	329.8	
Australia	290.4	

<sup>1</sup> Numbers below 1000 (the index score for Australia) indicate the Division is relatively disadvantaged

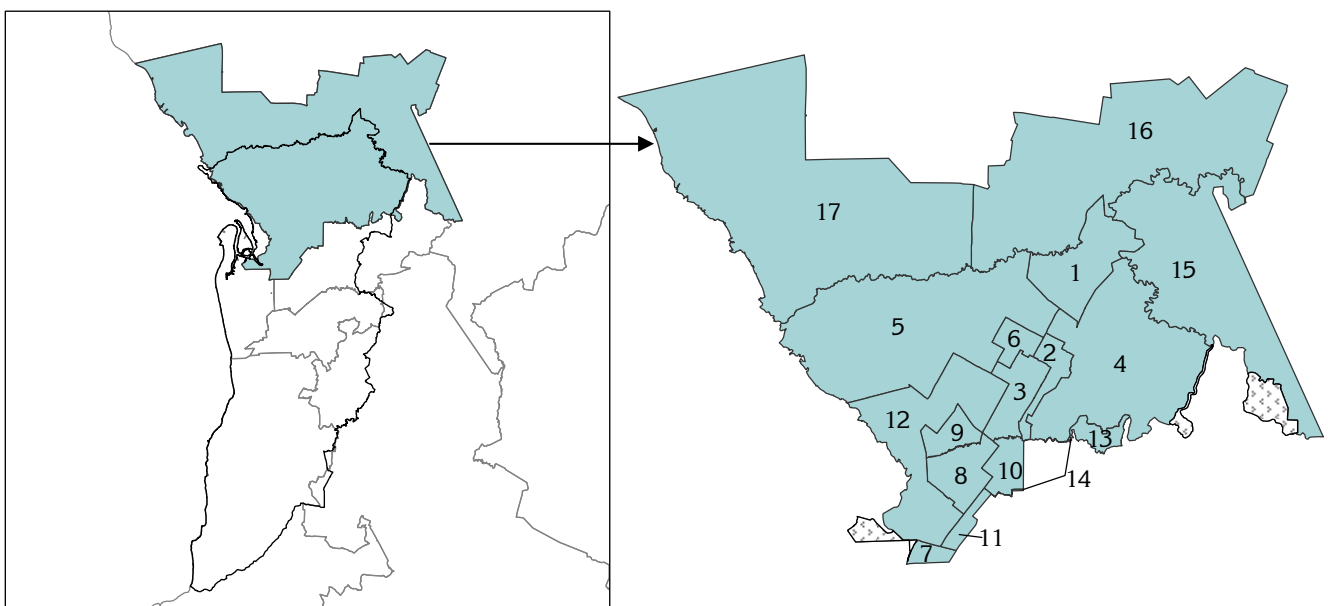
<sup>2</sup> Deaths at ages 0 to 74 years per 100,000 population

‡ See note "Data converters and mapping" re calculation of Division Total

## Adelaide Northern Division of General Practice

Adelaide Divisions of General Practice

Adelaide Northern DGP by SLA



— Adelaide Divisions of General Practice  
 — Adelaide Statistical Division

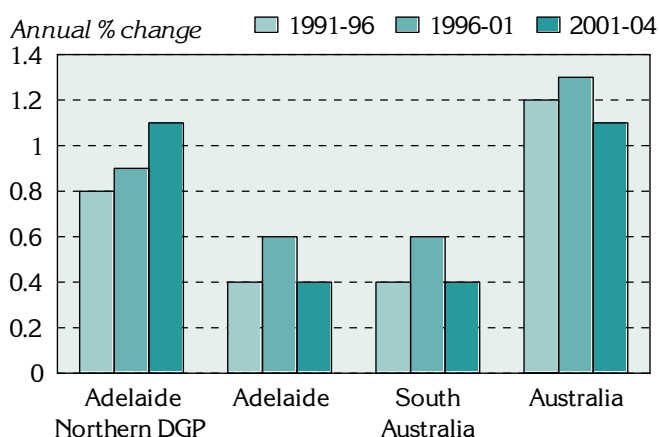
\* Map legend: see page 6

# Socio-demographic profile

## Population

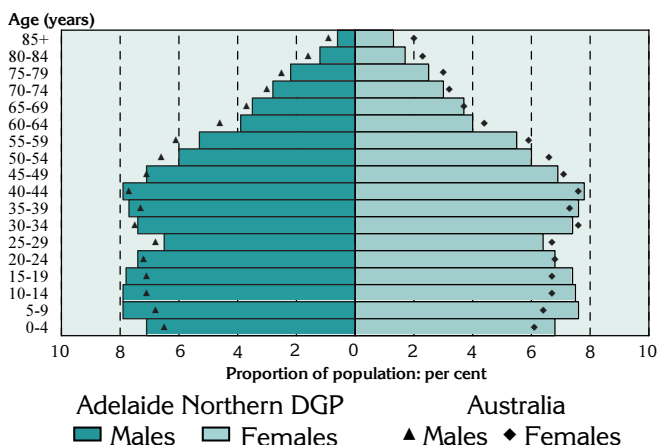
The Adelaide Northern Division had an Estimated Resident Population of 188,559 at 30 June 2004.

**Figure 1: Annual population change, Adelaide Northern DGP‡, Adelaide, South Australia, and Australia, 1991 to 1996, 1996 to 2001 and 2001 to 2004**



Over the five years from 1991 to 1996, the Division's population increased by 0.8% on average each year, higher than in Adelaide (0.4%) and South Australia (0.4%). From 1996 to 2001, the annual percentage increase in the Division was 0.9%, again higher than in Adelaide and South Australia (0.6%). The growth rate of 1.1% per year from 2001 to 2004 was higher than the annual increases for Adelaide and South Australia (both 0.4%).

**Figure 2: Population in Adelaide Northern DGP‡ and Australia, by age and sex, 2004**



The most notable differences in the age distribution of the Division's population (when compared to Australia overall) are:

- at younger ages – higher proportions of children aged 0 to 14 years and young people aged 15 to 19 years; and
- at older ages – lower proportions of males and females (except at ages 64 to 69 years).

**Table 1: Population by age, Adelaide Northern DGP‡ and Australia, 2004**

Age group (years)	Adelaide Northern DGP		Australia	
	No.	%	No.	%
0-14	42,263	22.4	3,978,751	19.8
15-24	27,517	14.6	2,762,769	13.8
25-44	55,431	29.4	5,881,048	29.3
45-64	42,202	22.4	4,864,037	24.2
65-74	12,282	6.5	1,374,792	6.8
75-84	7,084	3.8	934,505	4.7
85+	1,780	0.9	295,602	1.5
<b>Total</b>	<b>188,559</b>	<b>100.0</b>	<b>20,091,504</b>	<b>100.0</b>

As shown in the age-sex pyramid above, the Adelaide Northern DGP has more children aged 0 to 14 years (22.4%) and young people aged 15 to 24 years (14.6%) than Australia as a whole (with 19.8%, and 13.8%) (Table 1). Conversely, the proportions of the Division's population aged 45 years and over age were lower than those for Australia.

The Adelaide Northern DGP comprised 9.1% of people born in predominantly non-English speaking countries and resident in Australia for five years or more (Table 2), slightly lower than for Adelaide (10.7%). Recent arrivals (those resident in Australia for less than five years) from non-English speaking countries comprised 0.8% of the Division's population (compared to 1.5% for Adelaide).

‡ See note under 'Data converters and mapping' re calculation of Division totals on this page

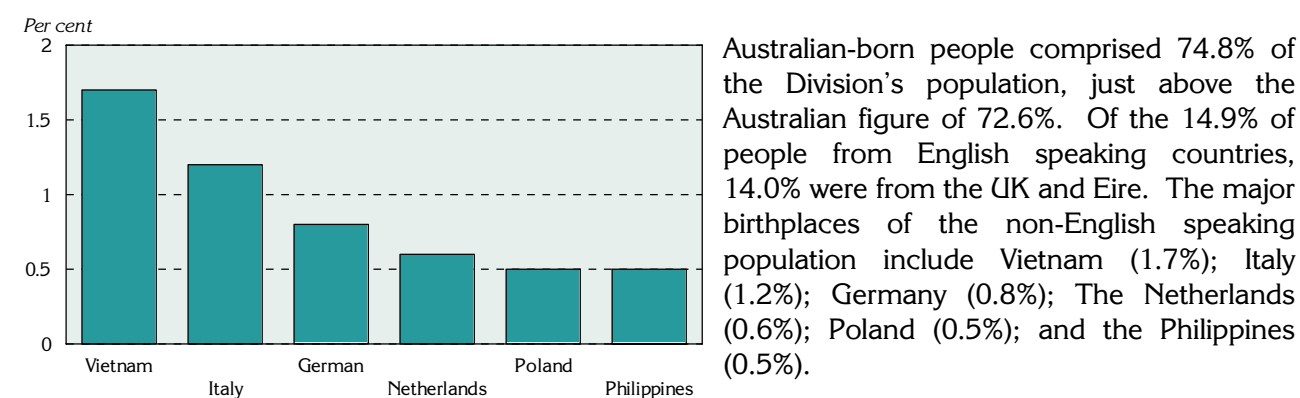
Of these residents, 2.3% had poor proficiency in English (determined when people aged five years and over born overseas in predominantly non-English speaking countries reported in the Census speaking another language and speaking English 'not well' or 'not at all'), comparable to the rates for Adelaide (2.3%) and Australia (2.4%).

**Table 2: Non-English speaking born, Adelaide Northern DGP, Adelaide, South Australia and Australia, 2001**

People born in predominantly non-English speaking countries	Adelaide Northern		Adelaide		South Australia		Australia	
	No.	%	No.	%	No.	%	No.	%
Resident in Australia for five years or more	16,087	9.1	115,311	10.7	129,414	8.8	2,019,410	10.8
Resident in Australia for less than five years	1,359	0.8	16,021	1.5	17,145	1.2	408,074	2.2
Poor proficiency in English <sup>1</sup>	3,740	2.3	23,530	2.3	24,927	1.8	425,399	2.4

<sup>1</sup> Calculated on persons aged 5 years and over who reported speaking another language and speaking English 'not well' or 'not at all'

**Figure 3: Major non-English speaking birthplaces, Adelaide Northern DGP, 2001**



## Socioeconomic status

*The indicators presented in this section describe geographic variations in the distribution of the population for a number of key socioeconomic influences, which impact on the health and wellbeing of populations.*

The Adelaide Northern DGP had a markedly higher proportion of single parent families (14.9%) compared to Adelaide as a whole (11.5%), and a notably higher proportion of Aboriginal and Torres Strait Islanders (1.9% compared to 1.1% in Adelaide) (Figure 4, Table 3).

Full-time secondary school education participation of 16 year olds living in the Division (72.7%) was notably lower than the rate for Adelaide (80.8%).

A markedly higher proportion of the Division's households received rent assistance from Centrelink (14.5%) compared to Adelaide (12.6%) and South Australia (12.0%), and there were substantially more dwellings rented from the State Housing Authority (12.6%, compared to 8.0% in Adelaide). The proportion of dwellings with no access to a motor vehicle (10.1%) was consistent with the rates for Adelaide (10.9%) and South Australia (9.9%).

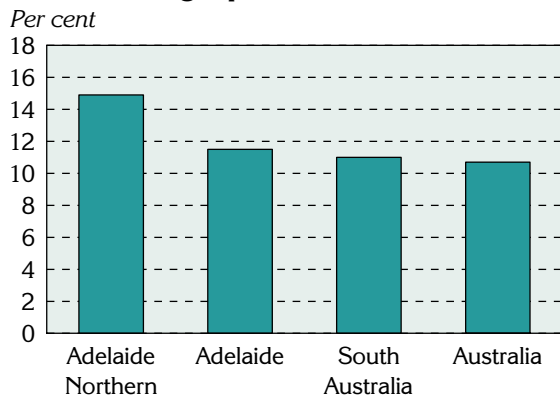
The Division had notably lower proportions of the population who reported using, at home, a computer (36.2%) and the Internet (21.2%), compared to Adelaide (42.4% and 27.7%).

These socioeconomic indicators show the Division to comprise a population of relatively low socioeconomic status: see also the note on page 5 (Summary of socioeconomic ranking).

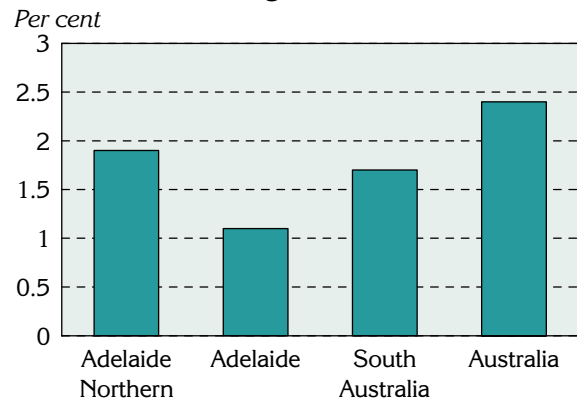
**Figure 4: Socio-demographic indicators, Adelaide Northern DGP, Adelaide, South Australia and Australia, 2001**

*Note the different scales*

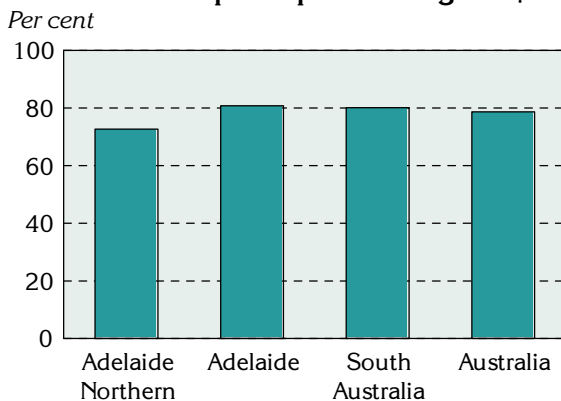
**Single parent families**



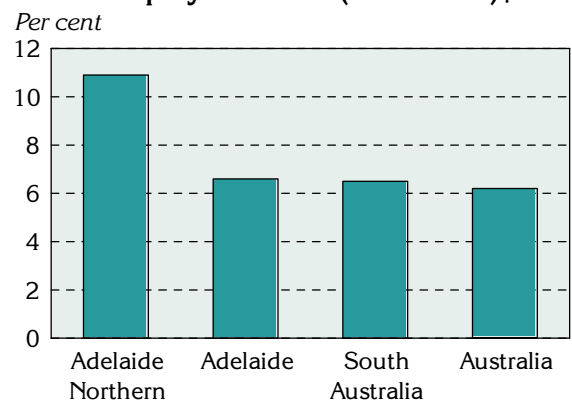
**Indigenous‡**



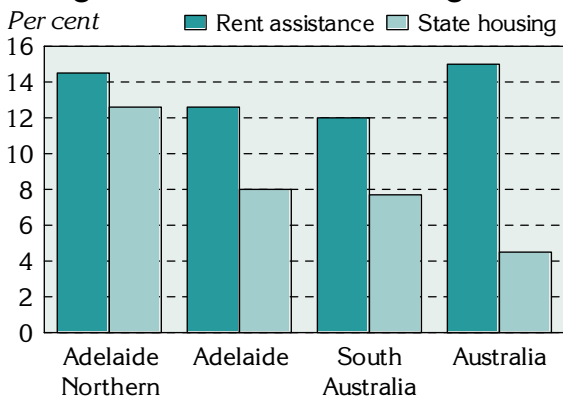
**Education participation at age 16‡**



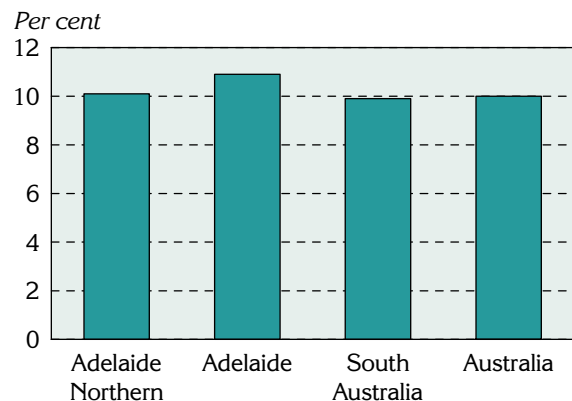
**Unemployment rate (June 2003)‡**



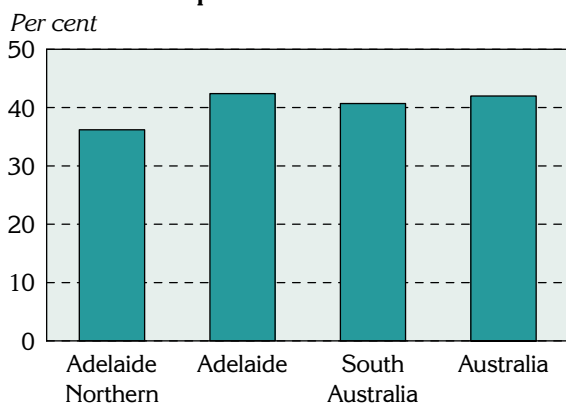
**Households receiving rent assistance & Dwellings rented from State housing authority**



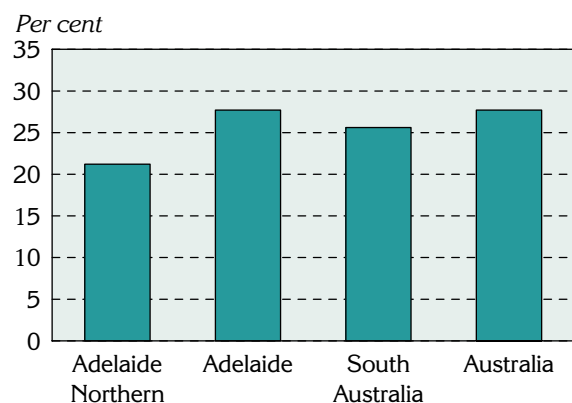
**Dwellings with no motor vehicle**



**Computer use at home**



**Internet use at home**



‡ See note under 'Data converters and mapping' re calculation of Division totals

**Table 3: Socio-demographic indicators, Adelaide Northern DGP, Adelaide, South Australia and Australia, 2001**

Indicator	Adelaide Northern DGP		Adelaide		South Australia		Australia	
	No.	%	No.	%	No.	%	No.	%
Single parent families	7,279	14.9	33,390	11.5	43,741	11.0	529,969	10.7
Indigenous‡	3,412	1.9	11,940	1.1	25,542	1.7	458,261	2.4
Full-time secondary school education at age 16‡	2,094	72.7	11,931	80.8	16,341	80.1	130,198	78.7
Households: rent assistance	9,262	14.5	53,090	12.6	68,260	12.0	1,006,599	15.0
Dwellings: rented from the State housing authority	8,167	12.6	34,396	8.0	44,684	7.7	317,171	4.5
Dwellings: no motor vehicle	6,583	10.1	46,748	10.9	58,065	9.9	708,073	10.0
Computer use at home	64,004	36.2	451,684	42.4	594,355	40.7	7,881,983	42.0
Internet use at home	37,610	21.2	296,915	27.7	375,604	25.6	2,019,410	27.7

‡ See note under 'Data converters and mapping' re calculation of Division total

The unemployment rate of 10.9% in Adelaide Northern DGP was substantially higher than the rates for Adelaide (6.6%) and South Australia (6.5%) (Figure 4, Table 4). The labour force participation rate (68.8%) and female labour force participation rate (61.3%) were both much lower than those for Adelaide (75.3% and 70.9%) and South Australia (75.3% and 70.4%).

**Table 4: Unemployment and labour force participation, Adelaide Northern DGP, Adelaide, South Australia and Australia, 2003**

Labour force indicators	Adelaide Western DGP		Adelaide		South Australia		Australia	
	No.	%	No.	%	No.	%	No.	%
Unemployment rate‡	9,239	10.9	37,464	6.6	49,292	6.5	623,791	6.2
Labour force participation‡	84,817	68.8	569,063	75.3	761,964	75.3	10,038,147	75.2
Female labour force participation (2001)	27,033	61.3	191,920	70.9	254,312	70.4	3,306,521	69.7

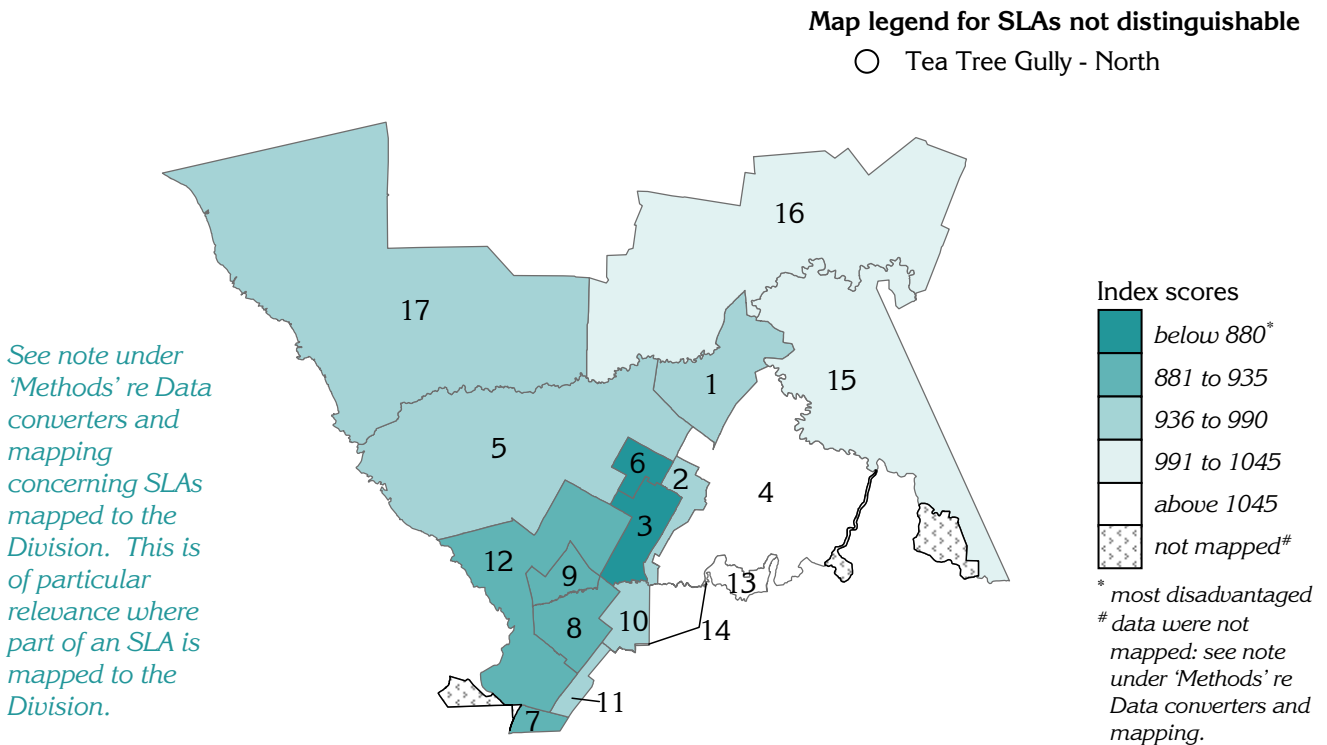
‡ See note under 'Data converters and mapping' re calculation of Division total

## Summary of the socioeconomic ranking of the Adelaide Northern DGP

Following the 2001 Census, the Australian Bureau of Statistics (ABS) produced four socio-economic indexes for areas (SEIFA) which describe aspects of the socioeconomic profile of populations in areas. The scores for these indexes for each Statistical Local Area (SLA) or part SLA in Adelaide Northern DGP are shown in the supporting information, Table 9, page 18: SLAs are described on page 19.

The Adelaide Northern DGP area's SEIFA Index of Relative Socio-Economic Disadvantage (IRSD) score is 913, well (8.7%) below the average for Australia and Adelaide (both 1000); this highlights the relatively lower socioeconomic status profile of the Adelaide Northern DGP population. There are also notable variations in the IRSD within the Division at the SLA level (Map 1).

**Map 1: Index of Relative Socio-Economic Disadvantage by SLA, Adelaide Northern DGP, 2001**



### Alphabetical key to Statistical Local Areas, Adelaide Northern DGP, 2001

Barossa - Barossa	15	Port Adel. Enfield - Inner	7
Gawler	1	Salisbury - Central	8
Light	16	Salisbury - Inner North	9
Mallala	17	Salisbury - North-East	10
Playford - East Central	2	Salisbury - South-East	11
Playford - Elizabeth	3	Salisbury Balance	12
Playford - Hills	4	Tea Tree Gully - Hills	13
Playford - West	5	Tea Tree Gully - North	14
Playford - West Central	6		



## General medical practitioner (GP) supply

A total of 132.5 full-time equivalent (FTE) GPs and 167.6 full-workload equivalent (FWE<sup>1</sup>) GPs worked in the Division in 2003/04 (Table 5). Of the FWE GPs, 16.8% were female, and 38.6% were over 55 years of age (compared to 23.4% and 30.5%, respectively, for South Australia).

There was minimal variation in the rates of population per FTE and FWE GP for the population measures shown, other than for the estimated day-time population, for which rates were 8.6% below those calculated on the Usual Resident Population (usual residents of the Division counted in Australia on Census night), reflecting the net movement of people out of the Division during the day for employment. The rates of population per FWE GP were lower than the FTE rates.

Based on the average Estimated Resident Population as at 30 June 2003 and 2004, the rate of population per FTE GP in Adelaide Northern DGP was higher than the rate for South Australia, indicating a lower level of provision of GP services in the Division. The rate of population per FWE GP showed little variation from that for South Australia and was lower than the national average.

**Table 5: Population per GP in Adelaide Northern DGP, South Australia and Australia, 2003/04**

Population measure	Population	GPs		Population per GP	
		FTE	FWE	FTE	FWE
<b>Adelaide Northern DGP</b>					
Census count (adjusted)*	180,864	132.5	167.6	1,365	1,079
Usual Resident Population (URP) (adjusted)*	181,914	..	..	1,373	1,085
Estimated Resident Population (ERP)	187,237	..	..	1,413	1,117
Day-time population (estimated on URP)* ‡	166,323	..	..	1,255	992
<b>South Australia (ERP)</b>	<b>1,530,276</b>	<b>1,181</b>	<b>1,354</b>	<b>1,296</b>	<b>1,130</b>
<b>Australia (ERP)</b>	<b>19,989,303</b>	<b>14,246</b>	<b>16,872</b>	<b>1,403</b>	<b>1,185</b>

\* The Census count, Usual Resident Population and Day-time population were adjusted to reflect population change between 2001 and 2003/04, as measured by the ERP

‡ See note under 'Data converters and mapping' re calculation of Division totals

## Immunisation

Data from the Australian Childhood Immunisation Register show that 93.7% of children in the Division in 2002 were fully immunised at age one, marginally below the Australian proportion of 94.2%.

Immunisation by provider type for children between the ages of 0 to 6 is shown in Table 6. The proportion of children in the Division who were immunised by a general practitioner was 74.8% compared to 70.0% for Australia, with 15.6% immunised at a local government council, and 9.5% at a community health centre, or by a community health worker.

**Table 6: Childhood immunisation at ages 0 to 6 by provider type, Adelaide Northern DGP and Australia, 2003/04**

Provider	Adelaide Northern DGP	Australia
	%	%
General practitioner	74.8	70.0
Local government council	15.6	16.6
Community health centre/ worker	9.5	9.8
Public hospital	0.0	2.1
Aboriginal health service/ worker	0.0	0.9
Other*	0.0	0.6
<b>Total: Per cent</b>	<b>100.0</b>	<b>100.0</b>
<b>Number</b>	<b>33,890</b>	<b>3,843,610</b>

\* Includes immunisations in/ by State Health Departments, RFDS and private hospitals

<sup>1</sup>The FWE value is calculated for each GP location by dividing the GP's total Medicare billing (Schedule fee value of services provided during the reference period) by the mean billing of full-time doctors in that derived major speciality for the reference period. Thus, a GP earning 20% more than the mean billing of full-time doctors is shown as 1.2 FWE: this differs from full-time equivalent (FTE) counts, where the FTE value of any GP cannot exceed 1.0

## Premature mortality

Deaths at ages below 75 years are used as an indicator of health status, as they largely reflect premature deaths, given the current levels of life expectancy in Australia.

The 'all causes' death rate in the Division at ages 0 to 74 years (329.8 deaths per 100,000 population) is higher than in Adelaide and South Australia (286.1 and 290.4, respectively): the rates have been age standardised to allow for comparisons between areas, regardless of differences in age profiles between the Division and Australia.

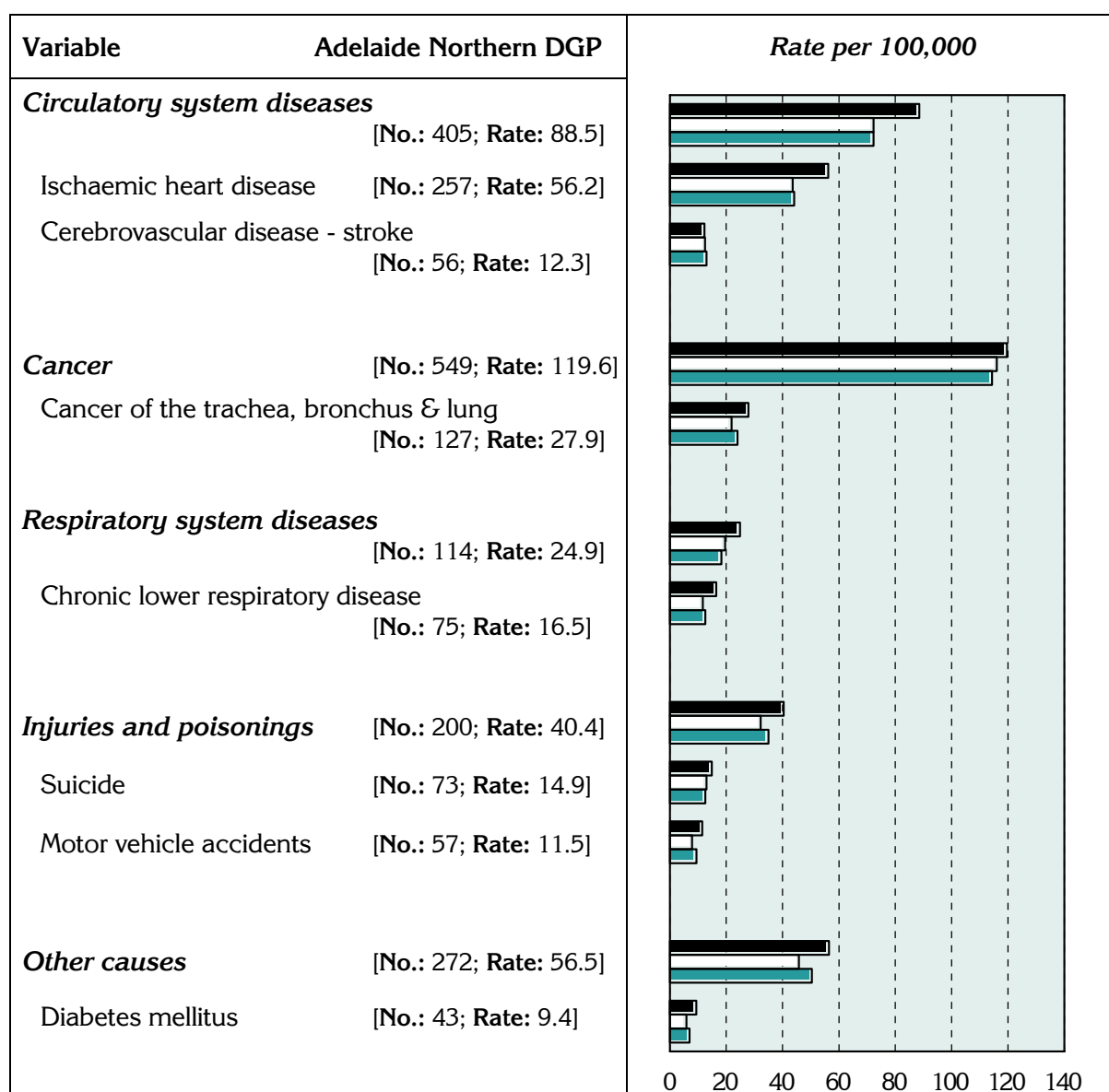
The major causes of premature mortality in the Division, as for Adelaide and Australia as a whole, are cancer and diseases of the circulatory system (Figure 5). For all of the major groups and selected causes, other than cerebrovascular disease, death rates in the Division were higher than for Adelaide and Australia.

The data on which the following chart is based are in Table 12.

**Figure 5: Death before 75 years of age by major condition group and selected cause, Adelaide Northern DGP‡, Adelaide and Australia, 2000-02**

*Indirectly age standardised rate per 100,000 population*

■ Adelaide Northern DGP    □ Adelaide    ■ Australia



'No.' is the total number of deaths for the 2000-02 period; 'Rate' is an annual rate, based on the 3-year average

‡ See note under 'Data converters and mapping' re calculation of Division totals

## Chronic diseases and risk factors

*The term “chronic disease” describes health problems that persist across time and require some degree of health care management (WHO 2002). Chronic diseases tend to have complex causes, are often long lasting and persistent in their effects, and can produce a range of complications (Thacker et al. 1995). They are responsible for a significant proportion of the burden of disease and illness in Australia and other westernised countries. Given the ageing of the population, this trend is likely to continue.*

*At different life stages, risk factors for chronic diseases and their determinants include genetic predisposition; poor diet and lack of exercise; alcohol misuse and tobacco smoking; poor intra-uterine conditions; stress, violence and traumatic experiences; and inadequate living environments that fail to promote healthy lifestyles (NPHP 2001). Risk factors are also more prevalent in areas of low socioeconomic status, and in communities characterised by low levels of educational attainment; high levels of unemployment; substantial levels of discrimination, interpersonal violence and exclusion; and poverty. There is a higher prevalence of risk factors among Indigenous communities, and other socioeconomically disadvantaged Australians (NPHP 2001).*

### Background

In this section, estimates of the prevalence of selected chronic diseases and risk factors, and two summary measures of health, are shown for the Division‡, and for SLAs within the Division: note that the estimates have been predicted from self-reported data, and are not based on clinical records or physical measures. The chronic diseases and risk factors are those for which sufficiently reliable estimates can be made for the Division from national survey data. The process by which the estimates have been made, and details of their limitations, are described in the Notes section, pages 15-16. The data on which the following charts are based are in Table 13.

The estimates provide information of relevance to a number of the National Health Priority Areas (NHPAs – asthma; cardiovascular health; diabetes mellitus; injury prevention and control; mental health; and arthritis and musculoskeletal conditions: estimates have not been made for cancer control, the other NHPA). The risk factors for which estimates have been made are those which are accepted as being associated with these important chronic conditions. They are overweight (not obese), obesity, smoking, lack of exercise and high-risk alcohol use.

*The numbers are estimates for an area, not measured events as are death statistics: they should be used as indicators of likely levels (and not actual levels) of a condition or risk factor in an area.*

### Prevalence estimates: chronic disease‡

It is estimated that relatively more people in Adelaide Northern DGP reported having any of the selected chronic conditions than in Australia as a whole (Figure 6): that is, the prevalence rates per 1,000 population were higher. The generally higher rates are consistent with the socioeconomic status profile of the population of the Division.

### Prevalence estimates: self-reported health‡

The NHS includes two measures of self-reported health. One is the Kessler Psychological Distress Scale-10 items (K-10). This is a scale of non-specific psychological distress based on 10 questions about negative emotional states in the four weeks prior to interview, asked of respondents 18 years and over (ABS 2002). The other asks respondents aged 15 years and over to rate their health on a scale from ‘excellent’, through ‘very good’, ‘good’ and ‘fair’, to ‘poor’ health.

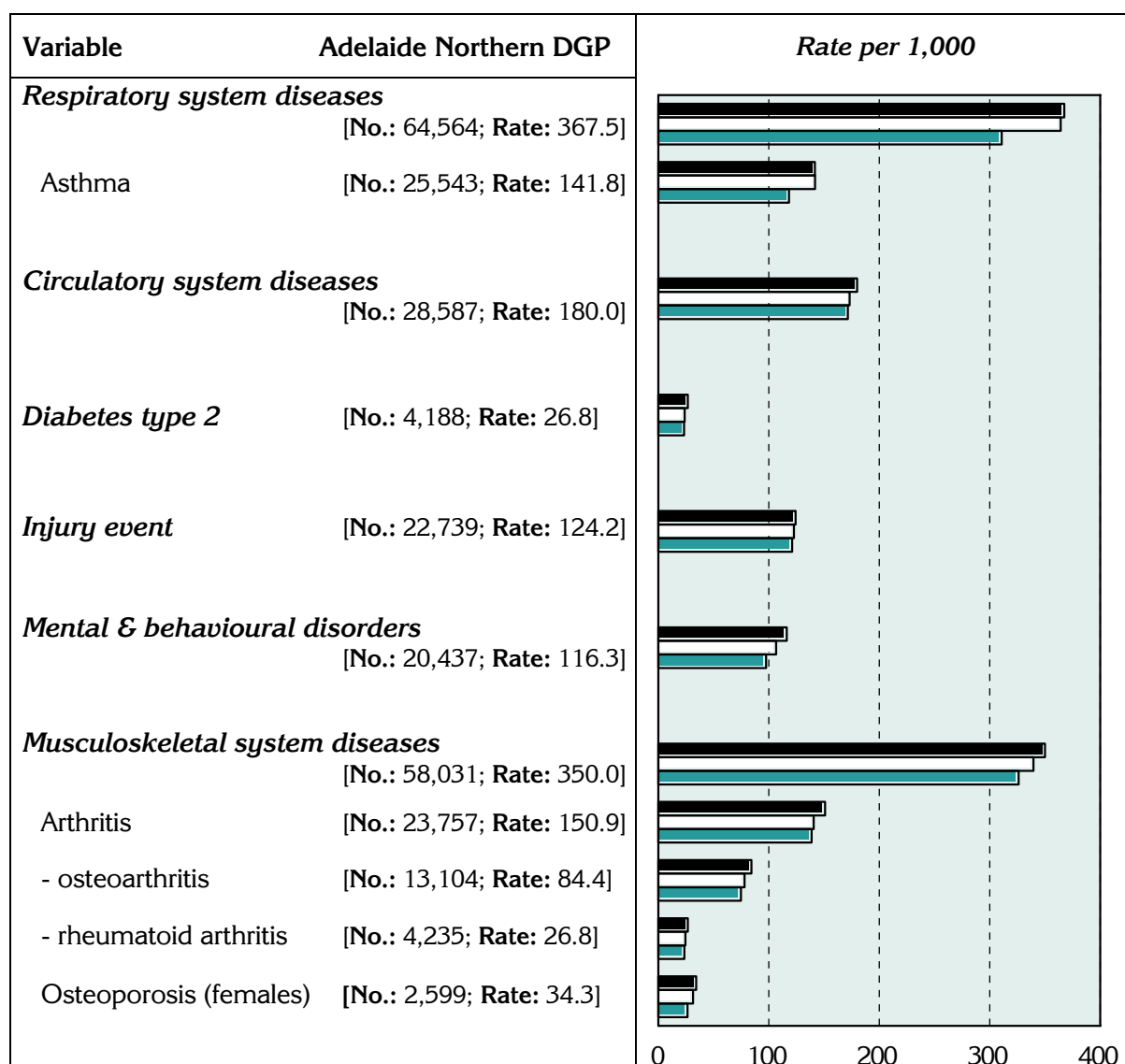
The population of the Division aged 18 years and over is estimated to have notably more people with very high psychological distress levels as measured by the K-10 compared to Australia as a whole (Figure 7). The proportion of the population aged 15 years and over estimated to have reported their health as ‘fair’ or ‘poor’ is also substantially higher than the national average.

‡ See note under ‘Data converters and mapping’ re calculation of Division totals

**Figure 6: Estimates\* of chronic disease and injury, Adelaide Northern DGP‡, Adelaide, and Australia, 2001**

*Indirectly age standardised rate per 1,000 population*

■ Adelaide Northern DGP    □ Adelaide    ■ Australia



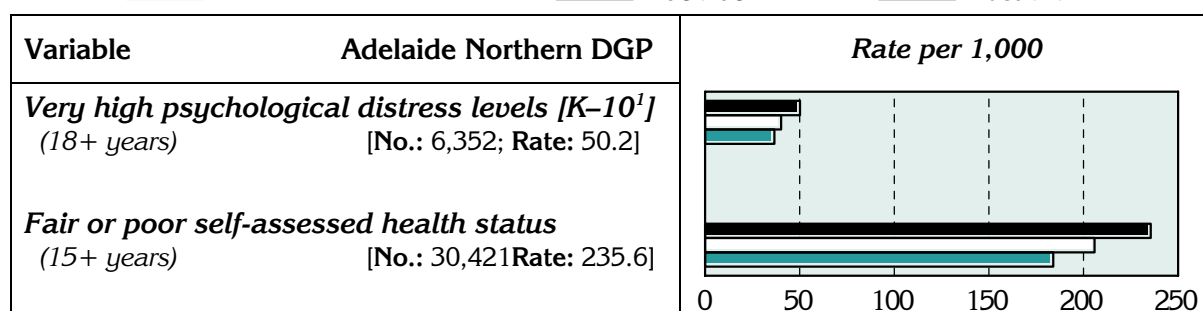
\* 'No.' is a weighted estimate of the number of people in Adelaide Northern DGP reporting each chronic condition and is derived from synthetic predictions from the 2001 NHS

‡ See note under 'Data converters and mapping' re calculation of Division totals

**Figure 7: Estimates\* of measures of self-reported health, Adelaide Northern DGP‡, Adelaide and Australia, 2001**

*Indirectly age standardised rate per 1,000 population*

■ Adelaide Northern DGP    □ Adelaide    ■ Australia



\* 'No.' is a weighted estimate of the number of people in Adelaide Northern DGP reporting under these measures and is derived from synthetic predictions from the 2001 NHS

<sup>1</sup> Kessler 10

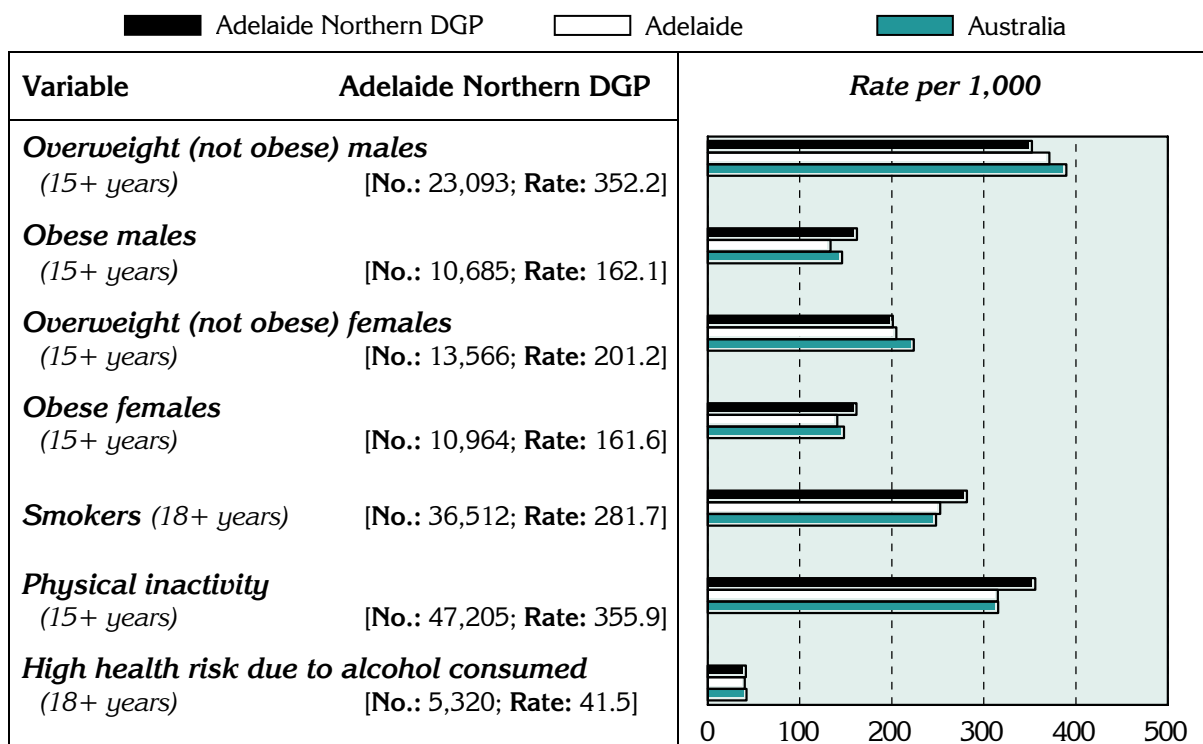
‡ See note under 'Data converters and mapping' re calculation of Division totals

## Prevalence estimates: risk factors‡

The relatively higher rates (when compared with the Australian population) for obesity (males and females), smoking and lack of exercise (Figure 8) are consistent with the socioeconomic status profile of the area. Rates for overweight (males and females) and high-risk alcohol consumption are slightly lower than the national average.

**Figure 8: Estimates\* of selected risk factors, Adelaide Northern DGP‡, Adelaide and Australia, 2001**

*Indirectly age standardised rate per 1,000 population*



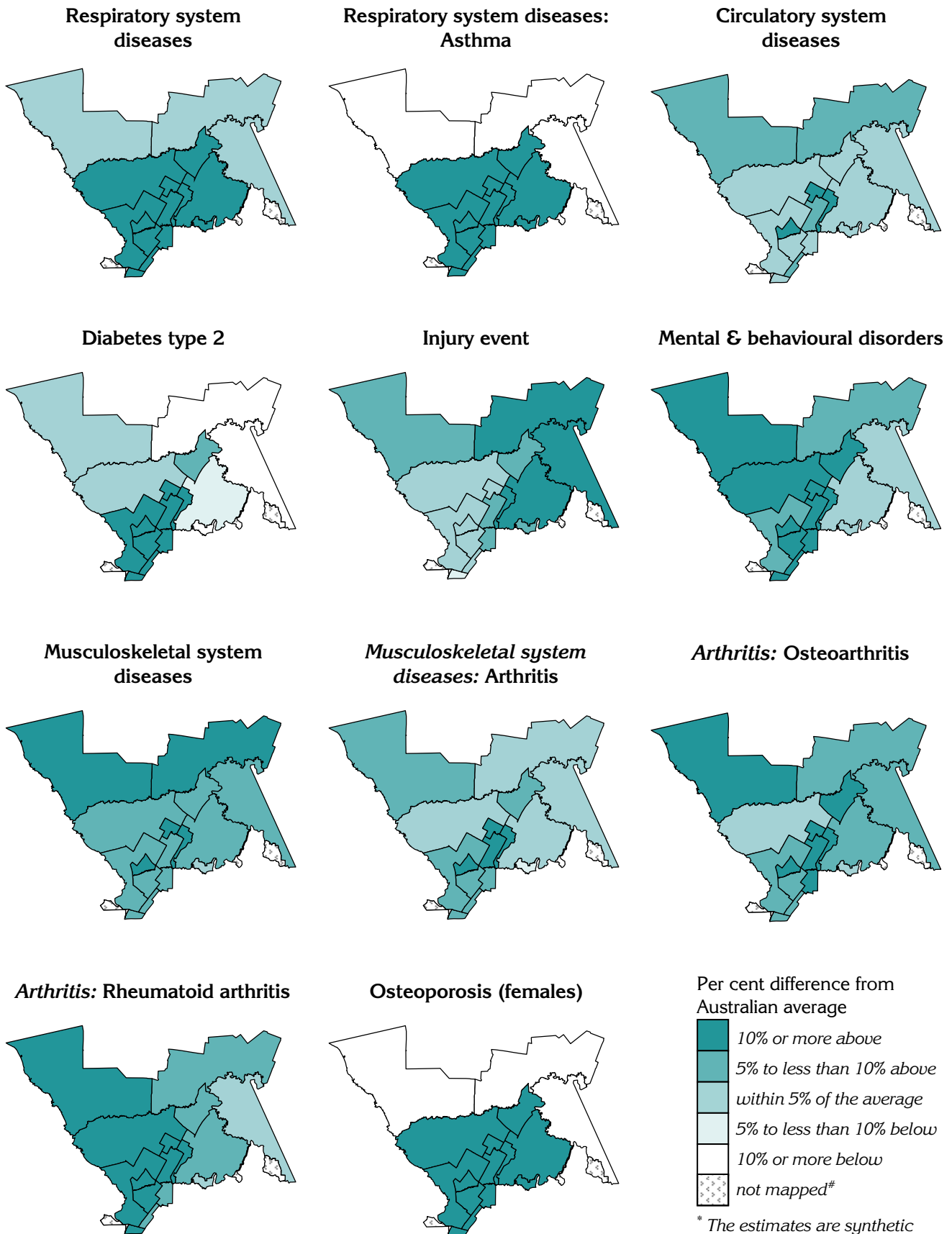
\* 'No.' is a weighted estimate of the number of people in Adelaide Northern DGP with these risk factors and has been predicted using data from the 2001 NHS and known data for the Division

‡ See note under 'Data converters and mapping' re calculation of Division totals

The following maps provide details of the geographic distribution, at the SLA level, of the estimated prevalence of chronic disease (Map 2), self-reported health (Map 3) and risk factors associated with chronic disease (Map 4).

In the following maps, users should note that the estimates shown for part SLAs in the Division (see Table 11, page 19, for per cent of SLA population in the Division) represent the estimates for the whole SLA, and not just the part shown. However, SLAs with only a small proportion of their population in the Division are likely to have little influence on the total estimates for the Division, which have been based on the percentage of the SLA population in the Division.

Map 2: Estimates\* of chronic disease and injury by SLA, Adelaide Northern DGP, 2001



\* The estimates are synthetic predictions of the prevalence of these conditions: see Notes on the data.

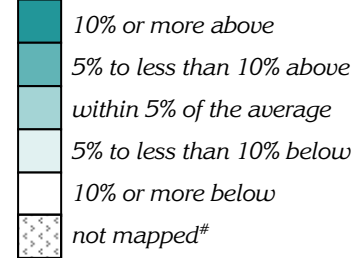
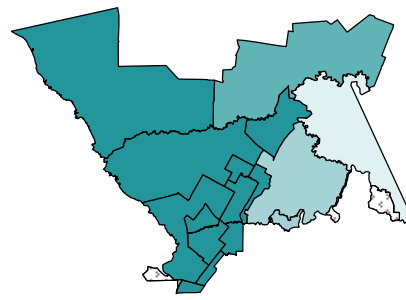
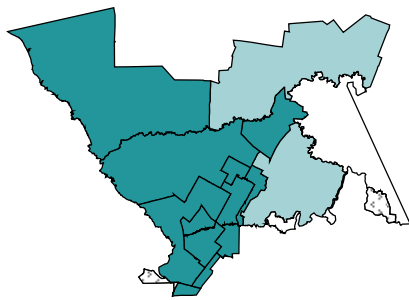
# Data not mapped: see Notes on the data.

Map 3: Estimates\* of measures of self-reported health by SLA, Adelaide Northern DGP, 2001

Very high psychological distress levels [K-10<sup>1</sup>] (18+ years)

Fair or poor self-assessed health status (15+ years)

Per cent difference from Australian average



\* The estimates are synthetic predictions of the prevalence of these conditions: see Notes on the data.

# Data not mapped: see Notes on the data.

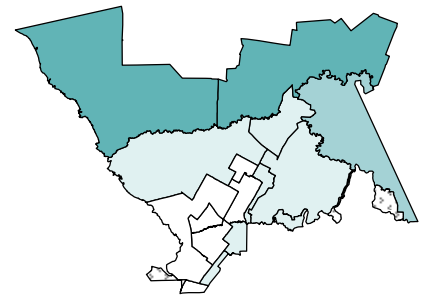
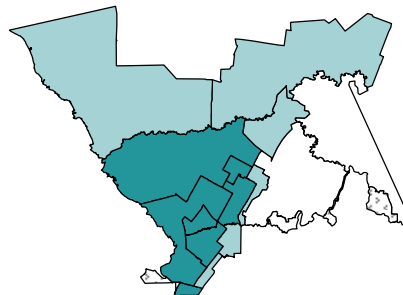
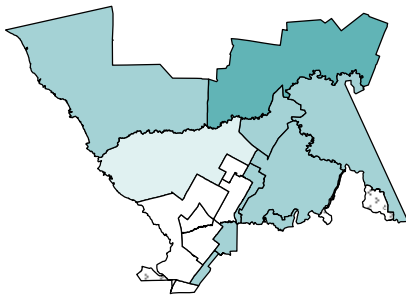
<sup>1</sup> Kessler 10

Map 4: Estimates\* of selected risk factors by SLA, Adelaide Northern DGP, 2001

Overweight (not obese) males (15+ years)

Obese males (15+ years)

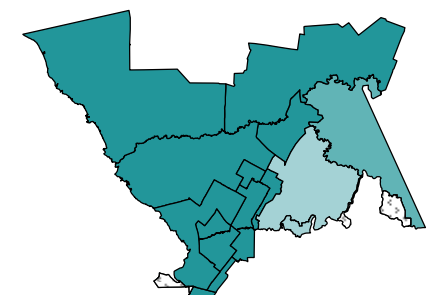
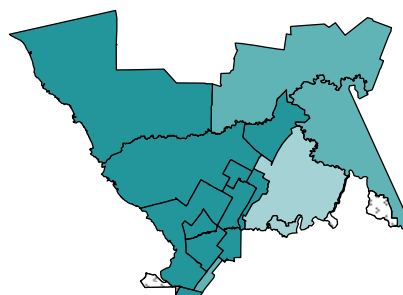
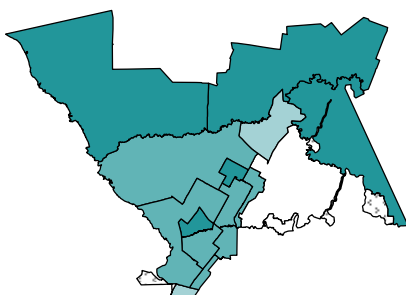
Overweight (not obese) females (15+ years)



Obese females (15+ years)

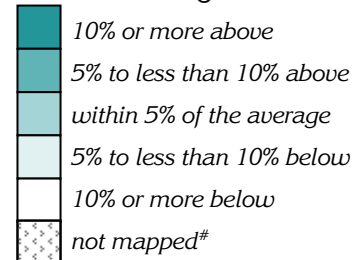
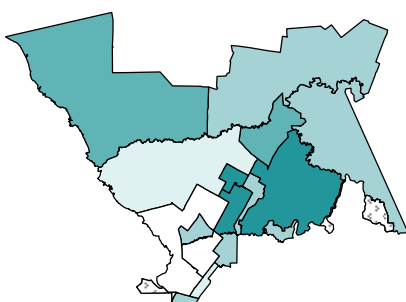
Smokers (18+ years)

Physical inactivity (15+ years)



High health risk due to alcohol consumed (18+ years)

Per cent difference from Australian average



\* The estimates are synthetic predictions of the prevalence of these conditions: see Notes on the data.

# Data not mapped: see Notes on the data.

# Notes on the data

## Data sources and limitations

### General

Unless stated otherwise, references to 'Adelaide' relate to the Adelaide Statistical Division.

### Data sources

Table 7 details the data sources for the material presented in this profile.

**Table 7: Data sources**

Section	Source
<b>Key indicators</b>	
GP services per head of population	GP services data supplied by Department of Health and Ageing, 2003/04 Population data: Estimated Resident Population, ABS, mean of 30 June 2003 and 30 June 2004 populations
<b>Socio-demographic profile</b>	
Figures 1 and 2; Table 1	Estimated Resident Population, ABS, 30 June for the periods shown
Tables 2, 3 and 4; Figures 3 and 4	Data were extracted by postal area from the ABS Population Census 2001 <sup>1</sup> , except for the following indicators: - <i>Indigenous</i> – Experimental estimates of Aboriginal and Torres Strait Islander people, ABS 2001 (unpublished) - <i>Full-time secondary education participation at age 16</i> – Census 2001 (unpublished) - <i>Households receiving rent assistance</i> – Centrelink, December Quarter 2001 (unpublished) - <i>Unemployment rate / Labour force participation</i> – extracted from <i>Small Area Labour Markets Australia</i> , June Quarter 2003, Department of Employment and Workplace Relations
Map 1; Table 9	ABS SEIFA package, Census 2001
<b>General medical practitioner (GP) supply</b>	
Table 5	GP data supplied by Department of Health and Ageing, 2003/04 Population estimates used in calculating the population per GP rates are the: - Census count <sup>2</sup> , ABS Population Census 2001, scaled to 2003/04 - Usual Resident Population <sup>3</sup> , ABS Population Census 2001, scaled to 2003/04 - Day-time population: calculated from journey to work data, ABS Population Census (URP) 2001 (unpublished); and 2001 Census (URP), scaled to 2003/04 - Estimated Resident Population, ABS, June 2003/2004
<b>Immunisation</b>	
Text comment: 1 year olds	National Centre for Immunisation Research and Surveillance, 2002
Table 6	Australian Childhood Immunisation Register, Health Insurance Commission, 2003/04 (unpublished)
<b>Premature mortality</b>	
Figure 5; Table 12	ABS Deaths, 2000 to 2002
<b>Chronic diseases and associated risk factors<sup>4</sup></b>	
Figures 6, 7 and 8; Maps 2, 3 and 4; Table 13	Estimated from 2001 National Health Survey (NHS), ABS (unpublished)

<sup>1</sup> All data extracted from Usual Residents Profile, except for data variables only released in the Basic Community Profile

<sup>2</sup> *Census count* - those counted in the Division on Census night, including tourists, business people and other visitors

<sup>3</sup> *Usual Resident Population* - those who usually live there and who were in Australia at the time and would have provided details in the Census at the address where they were counted

<sup>4</sup> See notes below



## Chronic diseases and associated risk factors

The data for chronic conditions and risk factors for SLAs have been estimated from the 2001 National Health Survey (NHS), conducted by the ABS: see note below on synthetic estimates. The NHS sample includes the majority of people living in private households, but excludes the most remote areas of Australia. These areas cover 86.4% of Australia's land mass and comprise just 3% of the total population, however, 28% of Australia's Indigenous population live in these areas. Thus it has not been possible to produce these estimates for Divisions with relatively high proportions of their population in the most remote areas of Australia.

The data for chronic conditions and risk factors are self-reported data, reported to interviewers in the 2001 NHS. Table 8 includes notes relevant to this data.

**Table 8: Notes on estimates of chronic diseases and associated risk factors**

Indicator	Notes on the data
<b>Estimates of chronic disease and injury</b> (Figure 6 and Map 2)	
Long term conditions	- Respondents were asked whether they had been diagnosed with any long term health condition (a condition which has lasted or is expected to last for 6 months or more), and were also asked whether they had been told by a doctor or nurse that they had asthma, cancer, heart and circulatory conditions, and/or diabetes
Injury event	- Injuries which occurred in the four weeks prior to interview
<b>Estimates of measures of self-reported health</b> (Figure 7 and Map 3)	
Very high psychological distress levels (K10)	- Derived from the Kessler Psychological Distress Scale-10 items (K-10), which is a scale of non-specific psychological distress based on 10 questions about negative emotional states in the 4 weeks prior to interview. 'Very high' distress is the highest level of distress category (of a total of four categories)
Fair or poor self-assessed health status	- Respondent's general assessment of their own health, against a five point scale from excellent through to poor – 'fair' or 'poor' being the two lowest in the scale
<b>Estimates of selected risk factors</b> (Figure 8 and Map 4)	
Overweight (not obese)	- Based on self-reported height and weight; BMI calculated and grouped into categories (to allow reporting against both WHO and NHMRC guidelines) - overweight: 25.0 to less than 30.0
Obese	- Based on self-reported height and weight; BMI calculated and grouped into categories (to allow reporting against both WHO and NHMRC guidelines) – obese: 30.0 and greater
Smokers	- Respondent's undertaking regular (or daily) smoking at the time of interview
Physical inactivity	- Did not exercise in the two weeks prior to interview through sport, recreation or fitness (including walking) – excludes incidental exercise undertaken for other reasons, such as for work or while engaged in domestic duties
High health risk due to alcohol consumed	- Respondent's estimated average daily alcohol consumption in the seven days prior to interview (based on number of days and quantity consumed). Alcohol risk levels were grouped according to NHMRC risk levels for harm in the long term, with 'high risk' defined as a daily consumption of more than 75 ml for males and 50 ml for females

**Note:** For a full description, refer to *ABS 2001 National Health Survey, Cat. No. 4364.0* and *ABS 2001 Health Risk Factors, Cat. No. 4812.0*

## Methods

### Synthetic estimates

The estimates of the prevalence of chronic disease and associated risk factors have been predicted for a majority of SLAs across Australia, using modelled survey data collected in the 2001 ABS National Health Survey (NHS) and known characteristics of the area. A synthetic prediction can be interpreted as the likely value for a 'typical' area with those characteristics: the SLA is the area level of interest for this project (where SLAs had small populations they were grouped to larger areas). This work was undertaken by the Australian Bureau of Statistics, as they hold the NHS unit record files: the small area data were compiled by PHIDU.

The approach used is to undertake an analysis of the survey data for Australia to identify associations in the NHS data between the variables that we wish to predict at the area level (eg. prevalence of chronic conditions and risk factors) and the data we have at the area level (eg. socioeconomic status, use of health services). The relationship between these variables for which we have area level data (the predictors) and the reporting of chronic conditions in the NHS is also a part of the model that is developed by the ABS. For example, such associations might be between the number of people reporting specified chronic conditions in the NHS and:

- the number of hospital admissions (in total, to public and to private hospitals, by age, sex and diagnosis),
- socioeconomic status (as indicated by Census data, or for recipients of government pensions and benefits), and
- the number of visits to a general medical practitioner.

The results of the modelling exercise are then applied to the SLA counts of the predictors. The prediction is, effectively, the likely value for a typical area with those characteristics. The raw numbers were then age-standardised, to control for the effects of differences in the age profiles of areas.

*The numbers are estimates for an area, not measured events as are death statistics: they should be used as indicators of likely levels of a condition or risk factor in an area.*

### Premature deaths

Details of deaths by SLA were purchased from the ABS. The raw numbers were then age-standardised, by the indirect method, to control for the effects of differences in the age profiles of areas.

### Data converters and mapping

#### [Conversion to Division of data available by postcode](#)

The allocation of postcodes to Divisions was undertaken using information from the Department of Health and Ageing's web site, which shows the proportion of a postcode in a Division (Table 10).

#### [Conversion to Division of data available by SLA](#)

(marked in this profile as ‡ See note under 'Data converters and mapping' re calculation of Division total)

Where the data presented in these profiles were only available by SLA they have been converted to Division of General Practice areas using a concordance based on data at the 2001 Census. A copy of the concordance is included in the Population data: A Guide for Divisions of General Practice: it is also available from the Divisions' data area on PHIDU web site.

In brief, the concordance splits the data (eg number of deaths) for each SLA across one or more Divisions. The proportion of an SLA's data that is allocated to each Division was calculated from (a) CD level Census 2001 data that splits SLAs across approximations to postcodes (referred to as postal areas) and (b) data on the DoHA website that splits postcodes across Divisions. This concordance can be adjusted to meet any new configuration of Division boundaries based on the 2001 Collection Districts, or combinations thereof.

The estimated population of each SLA in this Division is shown in Table 11.

#### [Mapping](#)

In some Divisions the maps may include a very small part of an SLA which has not been allocated any population, or either has a population of less than 100 or has less than 1% of the SLA's total population: these areas are mapped with a pattern.

## Supporting information

This and other information is also available at [www.publichealth.gov.au](http://www.publichealth.gov.au).

### A definition of population health

Population health, in the context of general practice, has been defined<sup>1</sup> as:

*“The prevention of illness, injury and disability, reduction in the burden of illness and rehabilitation of those with a chronic disease. This recognises the social, cultural and political determinants of health. This is achieved through the organised and systematic responses to improve, protect and restore the health of populations and individuals. This includes both opportunistic and planned interventions in the general practice setting.”*

The key determinants of health are social support networks, employment and working conditions, social environments, physical environments, geographical isolation, personal health practices, healthy child development, ageing and disability, biology and genetic endowment, health services, gender and culture.

In the Aboriginal and Torres Strait Islander context this means that a population health approach to health services will assist in ensuring “that Aboriginal and Torres Strait Islander people enjoy a healthy life equal to that of the general population, that is enshrined by a strong living culture, dignity and justice”.<sup>2</sup> This recognises the importance of achieving improvements to Aboriginal and Torres Strait Islander health and respects the particular health issues facing Indigenous people.

<sup>1</sup> “The role of general practice in population health – A Joint Consensus Statement of the General Practice Partnership Advisory Council and the National Public Health Partnership Group” (Joint Advisory Group on General Practice and Population Health 2001)

<sup>2</sup> As defined in the Strategic Framework for Aboriginal and Torres Strait Islander Health

### SEIFA scores

Following the 2001 Census, the Australian Bureau of Statistics (ABS) produced four socioeconomic indexes for areas (SEIFA). The indexes describe various aspects of the socioeconomic make-up of populations in areas, using data collected in the 2001 Census.

The Index of Relative Socio-Economic Disadvantage (labelled ‘Disadvantage’ in Table 9) includes all variables that either reflect or measure disadvantage. The Index of Advantage/Disadvantage is used to rank areas in terms of both advantage and disadvantage: any information on advantaged persons in an area will offset information on disadvantaged persons in the area. The Index of Economic Resources and the Index of Education and Occupation were targeted towards specific aspects of advantage/disadvantage.

For further information on the composition and calculation of these indexes see the ABS Information Paper ABS Cat No. 2039.0 available on the ABS web site [www.abs.gov.au](http://www.abs.gov.au). The scores for these indexes for each Statistical Local Area (SLA) or part SLA in Adelaide Northern DGP are shown in Table 9.

In using this table, users should note that the index score shown for SLAs with less than 100 per cent in the Division represents the score for the whole SLA, and not just the part shown. However, SLAs with small proportions may have little influence on the average index score for the Division which has been based on the postcodes in the Division.

Table 9: SEIFA scores by SLA, Adelaide Northern DGP, 2001

SLA code	SLA name (% per cent of SLA in the Division)	Index score				
		Disadvantage	Advantage	Economic Resources	Education & Occupation	
40314	Barossa - Barossa	(41.3)	1041	983	977	976
42030	Gawler	(100.0)	985	953	956	951
43650	Light	(27.5)	1021	959	958	948
43920	Mallala	(40.8)	975	913	940	887
45681	Playford - East Central	(100.0)	987	947	982	912
45683	Playford - Elizabeth	(100.0)	803	821	860	824
45684	Playford - Hills	(100.0)	1083	1045	1026	1026
45686	Playford - West	(100.0)	943	904	929	887
45688	Playford - West Central	(100.0)	758	794	861	783
45894	Port Adel. Enfield - Inner	(4.2)	882	902	898	922
47141	Salisbury - Central	(100.0)	893	887	918	875
47143	Salisbury - Inner North	(100.0)	887	877	931	849
47144	Salisbury - North-East	(70.3)	975	942	964	922
47146	Salisbury - South-East	(30.9)	968	932	941	925
47148	Salisbury - Balance	(100.0)	915	918	975	890
47701	Tea Tree Gully - Central	(1.7)	1044	999	994	983
47705	Tea Tree Gully - North	(1.9)	1056	1039	1032	1018

\* Proportions are approximate and are known to be incorrect in some cases, due to errors in the concordance used to allocate CDs to form postal areas

### Statistical geography of the Adelaide Northern DGP

The Adelaide Northern DGP covers 1,515 square kilometres, based on 2001 SLA data.

The postcodes in the Division (as per the Department of Health and Ageing website) are shown below (Table 10).

Table 10: Postcodes in Adelaide Northern DGP, 2004

Postcode	Per cent of postcode population in the Division*	Postcode	Per cent of postcode population in the Division*	Postcode	Per cent of postcode population in the Division*
5095	100	5111	100	5120	100
5096	30	5112	100	5121	100
5106	100	5113	100	5350	100
5107	100	5115	100	5351	50
5108	100	5116	100	5371	100
5109	70	5117	100	5501	50
5110	100	5118	100		

\* Proportions are approximate

Source: Department of Health and Ageing web site (accessed online version as at February 2005):

<http://www.health.gov.au/internet/wcms/publishing.nsf/Content/health-pcd-programs-divisions-divspsc.htm>

Statistical Local Areas (SLAs) are defined by the Australian Bureau of Statistics to produce areas for the presentation and analysis of data. In this Division, a number of Local Government Areas (LGAs) have been split into SLAs. For example, Salisbury is comprised of five SLAs - Central, Inner North and Balance (all in the Division), North-East (a majority in the Division) and South East (part within the Division). These SLAs, and all or parts of the other SLAs listed in (Table 11), comprise the Division.

**Table 11: SLAs in Adelaide Northern DGP by 2001 boundaries**

SLA code	SLA name	Per cent of the SLA's population in the Division*	Estimate of the SLA's 2004 population in the Division
40314	Barossa - Barossa	41.3	3,210
42030	Gawler	100.0	19,041
43650	Light	27.5	3,215
43920	Mallala	40.8	3,158
45681	Playford - East Central	100.0	20,312
45683	Playford - Elizabeth	100.0	25,566
45684	Playford - Hills	100.0	3,245
45686	Playford - West	100.0	8,521
45688	Playford - West Central	100.0	12,889
45894	Port Adelaide Enfield - Inner	4.2	810
47141	Salisbury - Central	100.0	27,727
47143	Salisbury - Inner North	100.0	25,374
47144	Salisbury - North-East	70.3	15,402
47146	Salisbury - South-East	30.9	11,193
47148	Salisbury - Balance	100.0	7,917
47701	Tea Tree Gully - Central	1.7	442
47705	Tea Tree Gully - North	1.9	537

\* Proportions are approximate and are known to be incorrect in some cases, due to errors in the concordance used to allocate CDs to form postal areas

## Supporting data

The data used in Figure 5 to illustrate the rates of premature mortality in the Division are shown below in Table 12.

**Table 12: Deaths before 75 years of age by major condition group and selected cause, Adelaide Northern DGP‡, Adelaide, and Australia, 2000-02\***

*Indirectly age standardised rate per 100,000 population*

Variable	Adelaide Northern DGP‡		Adelaide		Australia	
	No.	Rate	No.	Rate	No.	Rate
<b>Circulatory system diseases</b>	405	88.5	2,315	72.3	38,357	72.3
Ischaemic heart disease	257	56.2	1,394	43.6	23,364	44.1
Cerebrovascular disease – stroke	56	12.3	403	12.5	6,920	13.0
<b>Cancer</b>	549	119.6	3,676	116.0	60,603	114.3
Cancer of the trachea, bronchus & lung	127	27.9	698	21.9	12,715	24.0
<b>Respiratory system diseases</b>	114	24.9	628	19.6	9,726	18.3
Chronic lower respiratory disease	75	16.5	376	11.7	6,657	12.6
<b>Injuries and poisonings</b>	200	40.4	974	32.2	18,573	35.0
Suicide	73	14.9	393	13.0	6,706	12.6
Motor vehicle accidents	57	11.5	236	7.9	5,014	9.5
<b>Other causes</b>	272	56.5	1,416	45.8	26,735	50.4
Diabetes mellitus	43	9.4	190	5.9	3,734	7.0

\* 'No.' is the total number of deaths for the 2000-02 period; 'Rate' is an annual rate, based on the 3 year average

‡ See note under 'Data converters and mapping' re calculation of Division totals

The rates used to illustrate the prevalence estimates of chronic disease and injury (Figure 6), measures of self-reported health (Figure 7), and selected risk factors (Figure 8), are shown in Table 13 below.

**Table 13: Estimates of chronic disease and associated risk factors, Adelaide Northern DGP‡, Adelaide and Australia, 2001**

*Indirectly age standardised rate per 1,000 population*

Variable	Adelaide Northern DGP‡	Adelaide	Australia
<b>Chronic disease and injury</b> (Figure 6)			
Respiratory system diseases	367.5	364.2	310.8
Asthma	141.8	141.9	118.3
Circulatory system diseases	180.0	173.1	171.5
Diabetes type 2	26.8	24.0	23.4
Injury event	124.2	122.8	121.2
Mental & behavioural disorders	116.3	106.7	97.6
Musculoskeletal system diseases	350.0	339.5	326.2
Arthritis	150.9	140.7	138.8
- Osteoarthritis	84.4	78.1	74.9
- Rheumatoid arthritis	26.8	24.6	23.6
Osteoporosis (females)	34.3	31.5	26.4
<b>Measures of self-reported health</b> (Figure 7)			
Very high psychological distress levels (18+ years)	50.2	40.2	36.6
Fair or poor self-assessed health status (15+ years)	235.6	205.9	184.0
<b>Risk factors</b> (Figure 8)			
Overweight (not obese) males (15+ years)	352.2	371.2	389.7
Obese males (15+ years)	162.1	133.4	145.9
Overweight (not obese) females (15+ years)	201.2	205.0	223.9
Obese females (15+ years)	161.6	140.7	148.0
Smokers (18+ years)	281.7	252.6	248.0
Physical inactivity (15+ years)	355.9	315.3	315.5
High health risk due to alcohol consumed (18+ years)	41.5	40.3	42.1

‡ See note under 'Data converters and mapping' re calculation of Division totals

## References

Australian Bureau of Statistics (ABS) (2002). 2001 National Health Survey: summary of results. Australia. (ABS Cat. No. 4364.0). Canberra: ABS.

National Public Health Partnership (NPHP) (2001). *Preventing Chronic Disease: A Strategic Framework*. Melbourne, Victoria.

Thacker S, Stroup D & Rothenberg R (1995). Public health surveillance for chronic conditions: a scientific basis for decisions. *Statistics in Medicine* 14: 629-641.

World Health Organization (2002). *The World Health Report 2002: Reducing Risks, Promoting Healthy Life*. Geneva: World Health Organization.

## Acknowledgements

Funding for these profiles was provided by the Population Health Division of the Department of Health and Ageing (DoHA). Assistance, by way of comment on the profiles and assistance in obtaining some datasets, has also been received from the Primary Care Division of the DoHA, the ABS and the ACIR.

## Further developments and updates

Subject to agreement and funding, a number of developments could be undertaken:

- Details of hospitalisations potentially avoidable through ambulatory care interventions are currently being prepared and will be forwarded to Divisions (and posted on the PHIDU web site) when they are available. Other enhancements will be considered as appropriate datasets become available.

The profiles could be updated as the data are updated. For example:

- Population estimates, avoidable hospitalisations, immunisation, and GP activity and workforce data – annually;
- Chronic disease estimates – three-yearly;
- Census data – five-yearly.

Any developments would be informed by consultation, including with Divisions.

## PHIDU contact details

**For general comments, data issues or enquiries re information on the web site, please contact PHIDU:**

Phone: 08-8303 6236 or e-mail: [PHIDU@publichealth.gov.au](mailto:PHIDU@publichealth.gov.au)