Population health profile of the
Hunter Rural
Division of General Practice: supplement

Population Profile Series: No. 17a

PHIDU
March 2007
This profile is a supplement to the *Population health profile of the Hunter Rural Division of General Practice*, dated November 2005, available from www.publichealth.gov.au. This supplement includes an update of the population of the Hunter Rural Division of General Practice, as well as additional indicators and aspects of the Division’s socioeconomic status, use of GP services and health. The contents are:

- Population [updated to June 2005]
- Additional socio-demographic indicators
- Unreferred attendances – patient flow/ GP catchment
- Additional prevalence estimates: chronic diseases and risk factors combined
- Avoidable hospitalisations: hospital admissions resulting from ambulatory care sensitive conditions
- Avoidable mortality

*Note:* For further information on the way Division totals in this report have been estimated, please refer to the ‘Notes on the data’ section of the *Population health profile, November 2005* (www.publichealth.gov.au).

### Population

The Hunter Rural Division had an Estimated Resident Population of 207,891 at 30 June 2005.

#### Figure 1: Annual population change, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1991 to 1996, 1996 to 2001 and 2001 to 2005

Over the five years from 1991 to 1996, the Division’s population increased by 1.1% on average each year, slightly above the rate in country New South Wales (0.9%) and New South Wales (1.0%). From 1996 to 2001, the annual percentage increase in the Division (1.1%) was equal to that in country New South Wales, but below that in New South Wales (1.3%). The growth rate of 0.9% per year from 2001 to 2005 was higher than for both country New South Wales (0.7%) and New South Wales (0.6%).

#### Table 1: Population by age, Hunter Rural DGP and Australia, 2005

<table>
<thead>
<tr>
<th>Age group (years)</th>
<th>Hunter Rural DGP</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>%</td>
</tr>
<tr>
<td>0-14</td>
<td>42,306 20.3</td>
<td>3,978,221 19.6</td>
</tr>
<tr>
<td>15-24</td>
<td>24,403 11.7</td>
<td>2,819,834 13.9</td>
</tr>
<tr>
<td>25-44</td>
<td>51,102 24.6</td>
<td>5,878,107 28.9</td>
</tr>
<tr>
<td>45-64</td>
<td>55,463 26.7</td>
<td>4,984,446 24.5</td>
</tr>
<tr>
<td>65-74</td>
<td>18,857 9.1</td>
<td>1,398,831 6.9</td>
</tr>
<tr>
<td>75-84</td>
<td>12,165 5.9</td>
<td>954,143 4.7</td>
</tr>
<tr>
<td>85+</td>
<td>3,596 1.7</td>
<td>315,027 1.5</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>207,891 100.0</strong></td>
<td><strong>20,328,609 100.0</strong></td>
</tr>
</tbody>
</table>

As shown in the accompanying table and the age-sex pyramid below (Figure 2), Hunter Rural DGP had a lower proportion of the population aged 15 to 24 years (11.7%) and 25 to 44 years (24.6%) compared to Australia as a whole (13.9% and 28.9%) (Table 1). Conversely, the 45 years and over age groups had higher (in some cases markedly higher) proportions compared to Australia.
The most notable differences in the age distribution of the Division’s population (when compared to Australia overall) are:

- at younger ages – a lower proportion of children aged 0 to 4 years, and higher proportions of children aged 5 to 14 years;
- from 20 to 39 years – markedly lower proportions of both males and females, suggesting outward migration for employment or education opportunities; and
- at older ages – higher proportions of both males and females, giving a typical profile of an area in which people live on retirement.

The population projections for the Division show a number of changes in age distribution, with the 2020 population projected to have:

- at younger ages – much lower proportions of males and females aged 0 to 24 years;
- from 30 to 54 years – lower proportions of both males and females; and
- from 55 years onwards – higher proportions of males and females (most pronounced at ages 60 to 74 years and 85+ years).

One of four socioeconomic indexes for areas produced at the 2001 ABS Census is the Index of Relative Socio-Economic Disadvantage. The Hunter Rural DGP has an index score of 957, below the score for Australia of 1000: this score varies across the Division, from a score of 840 in the most disadvantaged areas to 1048 in the least disadvantaged areas.

Note: each ‘quintile’ comprises approximately 20% of the population of the Division.

A new indicator, produced for the first time at the 2001 ABS Census, shows the number of jobless families with children under 15 years of age. There were proportionately more jobless families in Hunter Rural DGP (22.8%) than in country New South Wales (20.9%) and Australia (17.4%) (Figure 5, Table 2).

With the introduction of the 30% rebate for private health insurance premiums, there was a once-off registration process, providing information of the postcode and residence of those who had such insurance (these data are not available at this area level for later dates). In 2001, the Division had a lower proportion of the population with private health insurance (40.8%), compared to country New South Wales (44.9%) (Figure 5, Table 2).
Figure 5: Socio-demographic indicators, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 2001

**Table 2: Socio-demographic indicators, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 2001**

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Hunter Rural DGP</th>
<th>Country NSW</th>
<th>New South Wales</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>%</td>
<td>No.</td>
<td>%</td>
</tr>
<tr>
<td>Jobless families with children under 15 years old</td>
<td>4,902</td>
<td>22.8</td>
<td>54,883</td>
<td>20.9</td>
</tr>
<tr>
<td>Private health insurance (30 June)</td>
<td>78,898</td>
<td>40.8</td>
<td>1,061,580</td>
<td>44.9</td>
</tr>
</tbody>
</table>

Details of the distribution of jobless families and of the population covered by private health insurance are shown by Statistical Local Area (SLA) in Maps 1 and 2, respectively.

**Map 1: Jobless families with children under 15 years of age by SLA, Hunter Rural DGP, 2001**
Map 2: People covered by private health insurance by SLA, Hunter Rural DGP, 30 June 2001

Per cent
- Fewer than 38.0%
- 38.0% to 42.9%
- 43.0% to 47.9%
- 48.0% to 52.9%
- 53.0% or more
- not mapped*

* data were not mapped: see 'Mapping' note under Methods
GP services to residents of the Hunter Rural DGP

The following tables include information, purchased from Medicare Australia, of the movement of patients and GPs between Divisions. Note that the data only include unreferred attendances recorded under Medicare: unreferred attendances not included are those for which the cost is met by the Department of Veterans’ Affairs or a compensation scheme; or are provided by salaried medical officers in hospitals, community health services or Aboriginal Medical Services, and which are not billed to Medicare. At any attendance, one or more services may have been provided.

More than four fifths (86.5%) of all unreferred attendances to residents of Hunter Rural DGP were provided in the Division (ie. by a GP with a provider number in the Division): this represented 770,449 GP unreferred attendances (Table 3). A further 6.5% of unreferred attendances to residents were provided by GPs with a provider number in Hunter Urban DGP, with 0.8% provided by GPs in Hastings Macleay DGP.

Table 3: Patient flow – People living in Hunter Rural DGP by Division where attendance occurred, 2003/04

<table>
<thead>
<tr>
<th>Division Number</th>
<th>Name</th>
<th>Unreferred attendances</th>
<th>No.</th>
<th>%3</th>
</tr>
</thead>
<tbody>
<tr>
<td>218</td>
<td>Hunter Rural DGP</td>
<td>770,449</td>
<td>86.5</td>
<td></td>
</tr>
<tr>
<td>217</td>
<td>Hunter Urban DGP</td>
<td>58,326</td>
<td>6.5</td>
<td></td>
</tr>
<tr>
<td>223</td>
<td>Hastings Macleay DGP</td>
<td>6,968</td>
<td>0.8</td>
<td></td>
</tr>
<tr>
<td>219</td>
<td>Central Coast DGP</td>
<td>4,576</td>
<td>0.5</td>
<td></td>
</tr>
<tr>
<td>206</td>
<td>Western Sydney DGP (now WentWest &amp; part Hawkesbury-Hills)</td>
<td>4,208</td>
<td>0.5</td>
<td></td>
</tr>
<tr>
<td>236</td>
<td>North West Slopes DGP</td>
<td>4,169</td>
<td>0.5</td>
<td></td>
</tr>
<tr>
<td>212</td>
<td>Hornsby Ku-ring-gai Ryde DGP</td>
<td>3,298</td>
<td>0.4</td>
<td></td>
</tr>
<tr>
<td>201</td>
<td>Central Sydney DGP</td>
<td>2,957</td>
<td>0.3</td>
<td></td>
</tr>
<tr>
<td>202</td>
<td>Eastern Sydney DGP</td>
<td>2,664</td>
<td>0.3</td>
<td></td>
</tr>
<tr>
<td>213</td>
<td>Manly Warringah DGP</td>
<td>1,968</td>
<td>0.2</td>
<td></td>
</tr>
<tr>
<td>Other ..</td>
<td></td>
<td>31,070</td>
<td>3.5</td>
<td></td>
</tr>
<tr>
<td>Total ..</td>
<td></td>
<td>890,653</td>
<td>100.0</td>
<td></td>
</tr>
</tbody>
</table>

1 Based on address in Medicare records
2 Division of GP based on provider number
3 Proportion of all unreferred attendances of patients with an address in Division 218 by Division in which attendance occurred

The majority (91.7%) of unreferred attendances provided by GPs with a provider number in Hunter Rural DGP were also to people living in the Division (ie. their Medicare address was in the Division) (Table 4). A further 4.3% of unreferred attendances by GPs in the Division were to people living in Hunter Urban DGP, with 0.6% to residents of Hastings Macleay DGP.

Table 4: GP catchment – Unreferred attendances provided by GPs in Hunter Rural DGP by Division of patient address, 2003/04

<table>
<thead>
<tr>
<th>Division Number</th>
<th>Name</th>
<th>Unreferred attendances</th>
<th>No.</th>
<th>%3</th>
</tr>
</thead>
<tbody>
<tr>
<td>218</td>
<td>Hunter Rural DGP</td>
<td>770,449</td>
<td>91.7</td>
<td></td>
</tr>
<tr>
<td>217</td>
<td>Hunter Urban DGP</td>
<td>36,220</td>
<td>4.3</td>
<td></td>
</tr>
<tr>
<td>223</td>
<td>Hastings Macleay DGP</td>
<td>4,974</td>
<td>0.6</td>
<td></td>
</tr>
<tr>
<td>219</td>
<td>Central Coast DGP</td>
<td>2,532</td>
<td>0.3</td>
<td></td>
</tr>
<tr>
<td>206</td>
<td>Western Sydney DGP (now WentWest &amp; part Hawkesbury-Hills)</td>
<td>1,645</td>
<td>0.2</td>
<td></td>
</tr>
<tr>
<td>212</td>
<td>Hornsby Ku-ring-gai Ryde DGP</td>
<td>1,533</td>
<td>0.2</td>
<td></td>
</tr>
<tr>
<td>Other ..</td>
<td></td>
<td>22,597</td>
<td>2.7</td>
<td></td>
</tr>
<tr>
<td>Total ..</td>
<td></td>
<td>839,950</td>
<td>100.0</td>
<td></td>
</tr>
</tbody>
</table>

1 Division of GP based on provider number
2 Based on address in Medicare records
3 Proportion of all unreferred attendances to GPs with a provider number in Division 218 by Division of patient address
Additional prevalence estimates: chronic diseases and risk factors combined

Please refer to the earlier *Population health profile of the Hunter Rural Division of General Practice*, dated November 2005, available from [www.publichealth.gov.au](http://www.publichealth.gov.au), for the separate prevalence estimates of chronic disease; measures of self-reported health and risk factors. The process by which the estimates have been made, and details of their limitations, are also described in the ‘Notes on the data’ section of this earlier profile.

In this section two estimates, which combine the prevalence of selected chronic diseases with a risk factor, are shown for the Division. The measures are of people who had *asthma and were smokers*, and people who had *type 2 diabetes and were overweight or obese*: note that the estimates have been predicted from self-reported data, and are not based on clinical records or physical measures.

It is estimated that there were relatively more people in Hunter Rural DGP who had asthma and were smokers, compared to country New South Wales and Australia as a whole (Figure 6, Table 5): that is, the prevalence rates per 1,000 population were higher. The rates in Hunter Rural DGP of people who had type 2 diabetes and were overweight or obese were consistent with those for country New South Wales and Australia.

**Figure 6: Estimates of selected chronic diseases and risk factors, Hunter Rural DGP, country New South Wales and Australia, 2001**

<table>
<thead>
<tr>
<th>Variable</th>
<th>Rate per 1,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Had asthma and were smokers (18+ years)</td>
<td>Hunter Rural DGP</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Had type 2 diabetes and were overweight/ obese (15+ years)</td>
<td>Hunter Rural DGP</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Table 5: Estimates of selected chronic diseases and risk factors, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 2001**

<table>
<thead>
<tr>
<th>Variable</th>
<th>Hunter Rural DGP</th>
<th>Country NSW</th>
<th>New South Wales</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.1</td>
<td>Rate2</td>
<td>No.1</td>
<td>Rate2</td>
</tr>
<tr>
<td>Had asthma and smoked3</td>
<td>4,638</td>
<td>26.8</td>
<td>54,344</td>
<td>24.7</td>
</tr>
<tr>
<td>Had type 2 diabetes &amp; were overweight/ obese 4</td>
<td>3,476</td>
<td>15.5</td>
<td>40,784</td>
<td>15.5</td>
</tr>
</tbody>
</table>

1. No. is a weighted estimate of the number of people in Hunter Rural DGP reporting these chronic conditions/ with these risk factors and is derived from synthetic predictions from the 2001 NHS
2. Rate is the indirectly age-standardised rate per 1,000 population
3. Population aged 18 years and over
4. Population aged 15 years and over
Avoidable hospitalisations: hospital admissions resulting from ambulatory care sensitive conditions

The rationale underlying the concept of avoidable hospitalisations is that timely and effective care of certain conditions, delivered in a primary care setting, can reduce the risk of hospitalisation. Admissions to hospital for these ambulatory care sensitive (ACS) conditions can be avoided in three ways. Firstly, for conditions that are usually preventable through immunisation or nutritional intervention, disease can be prevented almost entirely. Secondly, diseases or conditions that can lead to rapid onset problems, such as dehydration and gastroenteritis, can be treated. Thirdly, chronic conditions, such as congestive heart failure, can be managed to prevent or reduce the severity of acute flare-ups to avoid hospitalisation.

This measure does not include other aspects of avoidable morbidity, namely potentially preventable hospitalisations (hospitalisations resulting from diseases preventable through population based health promotion strategies, e.g. alcohol-related conditions; and most cases of lung cancer) and hospitalisations avoidable through injury prevention (e.g. road traffic accidents).


In 2001 to 2002, the 5,922 admissions for ambulatory care sensitive (ACS) conditions accounted for 9.5% of all admissions in the Hunter Rural DGP (Table 6, Figure 7), notably above the levels for both New South Wales (8.6%) and Australia (8.7%).

<table>
<thead>
<tr>
<th>Category</th>
<th>Hunter Rural DGP</th>
<th>New South Wales</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>Rate (per 100,000)</td>
<td>%</td>
</tr>
<tr>
<td>Avoidable</td>
<td>5,922</td>
<td>2,675.8</td>
<td>9.5</td>
</tr>
<tr>
<td>Unavoidable</td>
<td>56,641</td>
<td>26,764.2</td>
<td>90.5</td>
</tr>
<tr>
<td>Total</td>
<td>62,563</td>
<td>29,445.5</td>
<td>100.0</td>
</tr>
</tbody>
</table>

1 Admissions resulting from ACS conditions
2 Rate is the indirectly age-standardised rate per 100,000 population

Diabetes complications, angina, chronic obstructive pulmonary disease, and congestive heart failure were the four conditions with the highest rates of avoidable hospitalisations in the Hunter Rural DGP (Figure 8, Table 7).

Table 7 shows the number, rate and proportion of avoidable hospitalisations, for the individual ACS conditions, as well as the vaccine-preventable; acute; and chronic sub-categories. Almost two-thirds of avoidable hospitalisations are attributable to chronic health conditions. The predominance of hospitalisations for chronic conditions in this period can be primarily attributed to the large number of admissions for diabetes complications. Dental conditions; and convulsions and epilepsy have the highest rates of avoidable hospitalisations for the acute conditions.
### Figure 8: Avoidable hospitalisations\(^1\) by condition, Hunter Rural DGP and New South Wales, 2001/02

![Avoidable hospitalisations chart]

#### Table 7: Avoidable hospitalisations\(^1\) by condition, Hunter Rural DGP, New South Wales and Australia, 2001/02

<table>
<thead>
<tr>
<th>Sub-category/ condition</th>
<th>Hunter Rural DGP</th>
<th>New South Wales</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>Rate(^2)</td>
<td>No.</td>
</tr>
<tr>
<td>Vaccine-preventable</td>
<td>383</td>
<td>83.4</td>
<td>5,630</td>
</tr>
<tr>
<td>Influenza and pneumonia</td>
<td>339</td>
<td>73.2</td>
<td>4,280</td>
</tr>
<tr>
<td>Other vaccine preventable</td>
<td>44</td>
<td>10.2</td>
<td>1,350</td>
</tr>
<tr>
<td>Chronic(^3)</td>
<td>6,171</td>
<td>1,266.9</td>
<td>106,803</td>
</tr>
<tr>
<td>Diabetes complications</td>
<td>2,152</td>
<td>442.4</td>
<td>34,975</td>
</tr>
<tr>
<td>Iron deficiency anaemia</td>
<td>313</td>
<td>65.4</td>
<td>4,494</td>
</tr>
<tr>
<td>Hypertension</td>
<td>64</td>
<td>13.2</td>
<td>2,398</td>
</tr>
<tr>
<td>Congestive heart failure</td>
<td>912</td>
<td>178.2</td>
<td>14,270</td>
</tr>
<tr>
<td>Angina</td>
<td>1,036</td>
<td>210.7</td>
<td>16,987</td>
</tr>
<tr>
<td>Chronic obstructive pulmonary disease</td>
<td>1,056</td>
<td>209.7</td>
<td>19,359</td>
</tr>
<tr>
<td>Asthma</td>
<td>638</td>
<td>147.3</td>
<td>14,289</td>
</tr>
<tr>
<td>Acute</td>
<td>3,219</td>
<td>730.0</td>
<td>62,543</td>
</tr>
<tr>
<td>Dehydration and gastroenteritis</td>
<td>507</td>
<td>111.3</td>
<td>11,725</td>
</tr>
<tr>
<td>Convulsions and epilepsy</td>
<td>545</td>
<td>125.6</td>
<td>11,093</td>
</tr>
<tr>
<td>Ear, nose and throat infections</td>
<td>367</td>
<td>85.9</td>
<td>10,615</td>
</tr>
<tr>
<td>Dental conditions</td>
<td>775</td>
<td>180.6</td>
<td>11,196</td>
</tr>
<tr>
<td>Perforated/bleeding ulcer</td>
<td>110</td>
<td>22.5</td>
<td>1,830</td>
</tr>
<tr>
<td>Ruptured appendix</td>
<td>64</td>
<td>14.9</td>
<td>1,212</td>
</tr>
<tr>
<td>Pyelonephritis</td>
<td>140</td>
<td>31.9</td>
<td>2,038</td>
</tr>
<tr>
<td>Pelvic inflammatory disease</td>
<td>119</td>
<td>28.8</td>
<td>2,134</td>
</tr>
<tr>
<td>Cellulitis</td>
<td>526</td>
<td>114.9</td>
<td>9,451</td>
</tr>
<tr>
<td>Gangrene</td>
<td>66</td>
<td>13.6</td>
<td>1,249</td>
</tr>
</tbody>
</table>

Total avoidable hospitalisations\(^4\) = 9,479,201.9, 170,066, 2,543,8552,786, 2,847,5

\(^1\) Admissions resulting from ACS conditions

\(^2\) Rate is the indirectly age-standardised rate per 100,000 population

\(^3\) Excludes nutritional deficiencies as less than ten admissions

\(^4\) Sub-category and condition numbers and rates do not add to the reported total avoidable admissions: five conditions (influenza & pneumonia, other vaccine preventable, diabetes complications, ruptured appendix and gangrene) are counted in ‘any diagnosis’, so may be included in more than one condition group
Avoidable mortality

Avoidable and amenable mortality comprises those causes of death that are potentially avoidable at the present time, given available knowledge about social and economic policy impacts, health behaviours, and health care (the latter relating to the subset of amenable causes).

For information on the avoidable and amenable mortality conditions and ICD codes included in the analysis in this section, please refer to the Australian and New Zealand Atlas of Avoidable Mortality, available from www.publichealth.gov.au.

Almost three quarters (71.5%) of all deaths in Hunter Rural DGP at ages 0 to 74 years over the period 1997 to 2001 are considered to be avoidable, consistent with the proportion for country New South Wales (71.6%) (Table 8). Similarly, deaths amenable to health care (amenable mortality, a subset of avoidable mortality) accounted for 28.3% of all deaths at ages 0 to 74 years in Hunter Rural DGP, the same as in country New South Wales.

Table 8: Avoidable and unavoidable mortality (0 to 74 years) by area, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

<table>
<thead>
<tr>
<th>Mortality category</th>
<th>Hunter Rural DGP</th>
<th>Country NSW</th>
<th>New South Wales</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>Rate¹</td>
<td>No.</td>
<td>Rate¹</td>
</tr>
<tr>
<td>Avoidable</td>
<td>2,471</td>
<td>232.6</td>
<td>29,442</td>
<td>234.3</td>
</tr>
<tr>
<td>% of total</td>
<td>71.5</td>
<td>..</td>
<td>71.6</td>
<td>..</td>
</tr>
<tr>
<td>(Amenable)</td>
<td>(980)</td>
<td>(90.6)</td>
<td>(11,638)</td>
<td>(91.2)</td>
</tr>
<tr>
<td>(% of total)</td>
<td>(28.3)</td>
<td>..</td>
<td>(28.3)</td>
<td>..</td>
</tr>
<tr>
<td>Unavoidable</td>
<td>987</td>
<td>91.6</td>
<td>11,700</td>
<td>92.1</td>
</tr>
<tr>
<td>% of total</td>
<td>28.5</td>
<td>..</td>
<td>28.4</td>
<td>..</td>
</tr>
<tr>
<td>Total mortality</td>
<td>3,458</td>
<td>324.3</td>
<td>41,142</td>
<td>326.4</td>
</tr>
<tr>
<td>%</td>
<td>100.0</td>
<td>..</td>
<td>100.0</td>
<td>..</td>
</tr>
</tbody>
</table>

¹ Rate is the indirectly age-standardised rate per 100,000 population

Rates of avoidable mortality were higher for males than for females in each of the comparator areas. Hunter Rural DGP’s rate of avoidable mortality for males was 313.4 deaths per 100,000 males, more than twice the rate of 150.4 for females. Similarly, the rate of amenable mortality for males in the Division was higher, 105.8, compared to 74.58 for females, a rate ratio of 1.41 (Figure 9, Table 9).

Figure 9: Avoidable and amenable mortality by sex (0 to 74 years), Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

Note: the different scales
Table 9: Avoidable and amenable mortality (0 to 74 years) by sex, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

<table>
<thead>
<tr>
<th>Mortality category and sex</th>
<th>Hunter Rural DGP</th>
<th>Country NSW</th>
<th>New South Wales</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>Rate</td>
<td>No.</td>
<td>Rate</td>
</tr>
<tr>
<td>Avoidable</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Males</td>
<td>1,689</td>
<td>313.4</td>
<td>19,569</td>
<td>308.5</td>
</tr>
<tr>
<td>Females</td>
<td>782</td>
<td>150.4</td>
<td>9,873</td>
<td>159.1</td>
</tr>
<tr>
<td>Total</td>
<td>2,471</td>
<td>232.6</td>
<td>29,442</td>
<td>234.3</td>
</tr>
<tr>
<td>Rate ratio–M:F</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>..</td>
<td>2.08*</td>
<td>..</td>
<td>1.94*</td>
</tr>
</tbody>
</table>

Amenable

| Males                     | 589  | 105.8 | 6,743  | 103.6 | 14,811 | 94.8   | 42,568  | 94.3   |
| Females                   | 391  | 74.8  | 4,895  | 78.6  | 11,562 | 74.9   | 33,681  | 75.7   |
| Total                     | 980  | 90.6  | 11,638 | 91.2  | 26,374 | 85.0   | 76,249  | 85.1   |
| Rate ratio–M:F            |      | 1.41** | ..   | 1.32** | ..   | 1.27** | ..   | 1.25** |

1 Rate is the indirectly age-standardised rate per 100,000 population
2 Rate ratio (M:F) is the ratio of male to female rates; rate ratios differing significantly from 1.0 are shown with
* p <0.05; ** p <0.01

Another way of measuring premature mortality is to calculate the number of years of life lost (YLL), which takes into account the years a person could have expected to live at each age of death based on the average life expectancy at that age.

The numbers of YLL for Hunter Rural DGP, country New South Wales, New South Wales and Australia over the period of analysis are shown in Table 10 by mortality category. However, given the substantial variation in the populations of these areas, a comparison of the proportion of YLL for each area is also shown.

YLL from avoidable mortality accounted for 72.0% of total YLL (0 to 74 years) for Hunter Rural DGP, consistent with the 71.8% for country New South Wales. Similarly, the proportion of YLL from amenable mortality for Hunter Rural DGP (27.7%) was consistent with that for country New South Wales (27.6%).

Table 10: Years of life lost from avoidable mortality (0 to 74 years), Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

<table>
<thead>
<tr>
<th>Mortality category</th>
<th>Hunter Rural DGP</th>
<th>Country NSW</th>
<th>New South Wales</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>% of total</td>
<td>No.</td>
<td>% of total</td>
</tr>
<tr>
<td>Avoidable</td>
<td>42,224</td>
<td>72.0</td>
<td>502,860</td>
<td>71.8</td>
</tr>
<tr>
<td>(Amenable)</td>
<td>(16,219)</td>
<td>(27.7)</td>
<td>(192,960)</td>
<td>(27.6)</td>
</tr>
<tr>
<td>Unavoidable</td>
<td>16,381</td>
<td>28.0</td>
<td>197,182</td>
<td>28.2</td>
</tr>
<tr>
<td>Total</td>
<td>58,605</td>
<td>100.0</td>
<td>700,042</td>
<td>100.0</td>
</tr>
</tbody>
</table>

1 Years of life lost were calculated using the remaining life expectancy method (this provides an estimate of the average time a person would have lived had he or she not died prematurely). The reference life table was the Coale and Demeny Model Life Table West level 26 female (for both males and females), with the YLL discounted to net present value at a rate of 3 per cent per year.
In each of the areas in Table 11, the majority of avoidable mortality at ages 0 to 74 years occurred in the 65 to 74 year age group (Table 11), with 1,403.6 deaths per 100,000 population in Hunter Rural Division. The 45 to 64 year age group accounted for the next highest rate of avoidable death in all of the comparators, with a rate 355.8 in Hunter Rural Division.

Table 11: Avoidable and amenable mortality by age, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

<table>
<thead>
<tr>
<th>Mortality category and age (years)</th>
<th>Hunter Rural DGP</th>
<th>Country NSW</th>
<th>New South Wales</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>Rate 1</td>
<td>No.</td>
<td>Rate 1</td>
</tr>
<tr>
<td>Avoidable</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0-14</td>
<td>61</td>
<td>29.4</td>
<td>738</td>
<td>29.0</td>
</tr>
<tr>
<td>15-24</td>
<td>73</td>
<td>65.0</td>
<td>938</td>
<td>62.6</td>
</tr>
<tr>
<td>25-44</td>
<td>270</td>
<td>101.0</td>
<td>3,317</td>
<td>99.6</td>
</tr>
<tr>
<td>45-64</td>
<td>851</td>
<td>355.8</td>
<td>9,755</td>
<td>343.5</td>
</tr>
<tr>
<td>65-74</td>
<td>1,216</td>
<td>1,403.6</td>
<td>14,694</td>
<td>1464.0</td>
</tr>
<tr>
<td>Total</td>
<td>2,471</td>
<td>232.6</td>
<td>29,442</td>
<td>234.3</td>
</tr>
<tr>
<td>Amenable</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0-24</td>
<td>49</td>
<td>14.6</td>
<td>645</td>
<td>15.5</td>
</tr>
<tr>
<td>25-44</td>
<td>70</td>
<td>25.5</td>
<td>784</td>
<td>23.0</td>
</tr>
<tr>
<td>45-64</td>
<td>347</td>
<td>145.2</td>
<td>4,060</td>
<td>142.9</td>
</tr>
<tr>
<td>65-74</td>
<td>514</td>
<td>594.6</td>
<td>6,148</td>
<td>613.7</td>
</tr>
<tr>
<td>Total</td>
<td>980</td>
<td>90.6</td>
<td>11,638</td>
<td>91.2</td>
</tr>
</tbody>
</table>

1 Rate is the indirectly age-standardised rate per 100,000 population

Table 12 shows the number and age-standardised death rate by selected major condition group and selected causes included in the avoidable mortality classification.

The highest rates of avoidable mortality for the selected major condition groups in the Hunter Rural DGP were for cardiovascular diseases, with a rate of 81.2 deaths per 100,000 population, and cancer, 69.1 deaths per 100,000 population (Table 12, Figure 10). For the selected causes within the condition groups, the two major causes of avoidable mortality were ischaemic heart disease and lung cancer, with rates of 60.2 per 100,000 population and 24.3 per 100,000, respectively.

Table 12: Avoidable mortality (0 to 74 years) by major condition group and selected cause, Hunter Rural DGP, country New South Wales, New South Wales and Australia, 1997 to 2001

<table>
<thead>
<tr>
<th>Condition group/selected cause</th>
<th>Hunter Rural DGP</th>
<th>Country NSW</th>
<th>New South Wales</th>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No.</td>
<td>Rate 1</td>
<td>No.</td>
<td>Rate 1</td>
</tr>
<tr>
<td>Cancer</td>
<td>756</td>
<td>69.1</td>
<td>9,239</td>
<td>71.9</td>
</tr>
<tr>
<td>Colorectal cancer</td>
<td>157</td>
<td>14.2</td>
<td>1,936</td>
<td>14.9</td>
</tr>
<tr>
<td>Lung cancer</td>
<td>274</td>
<td>24.3</td>
<td>3,314</td>
<td>25.2</td>
</tr>
<tr>
<td>Cardiovascular diseases</td>
<td>911</td>
<td>81.2</td>
<td>10,101</td>
<td>77.0</td>
</tr>
<tr>
<td>Ischaemic heart disease</td>
<td>675</td>
<td>60.2</td>
<td>7,474</td>
<td>57.0</td>
</tr>
<tr>
<td>Cerebrovascular diseases</td>
<td>173</td>
<td>15.4</td>
<td>2,015</td>
<td>15.4</td>
</tr>
<tr>
<td>Respiratory system diseases</td>
<td>167</td>
<td>14.6</td>
<td>2,136</td>
<td>16.0</td>
</tr>
<tr>
<td>Chronic obstructive pulmonary disease</td>
<td>157</td>
<td>13.5</td>
<td>1,966</td>
<td>14.6</td>
</tr>
<tr>
<td>Unintentional injuries</td>
<td>179</td>
<td>20.4</td>
<td>2,027</td>
<td>18.6</td>
</tr>
<tr>
<td>Road traffic injuries</td>
<td>132</td>
<td>15.1</td>
<td>1,279</td>
<td>11.8</td>
</tr>
<tr>
<td>Intentional injuries</td>
<td>166</td>
<td>19.1</td>
<td>1,939</td>
<td>18.1</td>
</tr>
<tr>
<td>Suicide and self inflicted injuries</td>
<td>156</td>
<td>17.9</td>
<td>1,730</td>
<td>16.1</td>
</tr>
</tbody>
</table>

1 Rate is the indirectly age-standardised rate per 100,000 population
Rates in the Division were generally above, or at the same level as, those for Australia: however, for a number of the condition groups and selected causes, rates were below those in country New South Wales (Figure 10).

Figure 10: Avoidable mortality (0 to 74 years) by major condition group and selected cause, Hunter Rural DGP, country New South Wales and Australia, 1997 to 2001

<table>
<thead>
<tr>
<th>Condition group/ selected cause</th>
<th>Rate per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cancer</strong></td>
<td></td>
</tr>
<tr>
<td>Colorectal cancer</td>
<td></td>
</tr>
<tr>
<td>Lung cancer</td>
<td></td>
</tr>
<tr>
<td><strong>Cardiovascular diseases</strong></td>
<td></td>
</tr>
<tr>
<td>Ischaemic heart disease</td>
<td></td>
</tr>
<tr>
<td>Cerebrovascular diseases</td>
<td></td>
</tr>
<tr>
<td><strong>Respiratory system diseases</strong></td>
<td></td>
</tr>
<tr>
<td>Chronic obstructive pulmonary disease</td>
<td></td>
</tr>
<tr>
<td><strong>Unintentional injuries</strong></td>
<td></td>
</tr>
<tr>
<td>Road traffic injuries</td>
<td></td>
</tr>
<tr>
<td><strong>Intentional injuries</strong></td>
<td></td>
</tr>
<tr>
<td>Suicide and self inflicted injuries</td>
<td></td>
</tr>
</tbody>
</table>
Notes on the data

Data sources and limitations

General

References to ‘country New South Wales’ relate to New South Wales excluding the Sydney Statistical Division.

Data sources

Table 13 details the data sources for the material presented in this profile.

Table 13: Data sources

<table>
<thead>
<tr>
<th>Section</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population</td>
<td>Figures 1 and 2; Table 1; Figure 3 Estimated Resident Population, ABS, 30 June for the periods shown</td>
</tr>
<tr>
<td></td>
<td>ABS SEIFA package, Census 2001</td>
</tr>
<tr>
<td></td>
<td>Table 2; Figure 5; Map 1 Jobless families, ABS, 2001 (unpublished)</td>
</tr>
<tr>
<td></td>
<td>Table 2; Figure 5; Map 2 Private health insurance, from Hansard</td>
</tr>
<tr>
<td>GP services – patient flow/ GP catchment</td>
<td>Tables 3 and 4 Medicare Australia, 2003/04</td>
</tr>
<tr>
<td>Additional prevalence estimates: chronic diseases and risk factors combined</td>
<td>Figure 6; Table 5 Estimated from 2001 National Health Survey (NHS), ABS (unpublished)</td>
</tr>
<tr>
<td>Avoidable hospitalisations: hospital admissions resulting from ambulatory care sensitive conditions</td>
<td>Tables 6 and 7; Figures 7 and 8 National Hospital Morbidity Database at Australian Institute of Health &amp; Welfare, 2001/02; data produced in HealthWIZ by Prometheus Information (not available in public release dataset)</td>
</tr>
<tr>
<td>Avoidable mortality</td>
<td>Tables 8, 9, 10, 11 and 12; Figures 9 and 10 ABS Deaths 1997-2001; data produced in HealthWIZ by Prometheus Information (not available in public release dataset)</td>
</tr>
</tbody>
</table>

1 The projected population at June 2020 is based on the 2002 ERP. As such, it is somewhat dated, and does not take into account more recent demographic trends: it is however the only projection series available at the SLA level for the whole of Australia.

Methods

For background information on the additional prevalence estimates presented in this profile, please refer to the ‘Notes on the data’ section of the Population health profile, November 2005 (www.publichealth.gov.au).

Please also refer to the November 2005 profile for information on the data converters.

Mapping

In some Divisions the maps may include a very small part of an SLA which has not been allocated any population; or has a population of less than 100 or has less than 1% of the SLAs total population; or there were less than five cases (i.e. jobless families, people with health insurance): these areas are mapped with a pattern.
Statistical geography of the Hunter Rural DGP


Statistical Local Areas (SLAs) are defined by the Australian Bureau of Statistics to produce areas for the presentation and analysis of data. In country New South Wales, SLAs are of the same size or smaller than local government areas (LGAs). In this Division, the very small (one per cent) part of Hastings LGA (Hastings - Part B) is the only SLA not equivalent to an LGA. Hastings - Part B and all or parts of the other SLAs that comprise the Division are shown in Table 14.

<table>
<thead>
<tr>
<th>SLA code</th>
<th>SLA name</th>
<th>Per cent of the SLA’s population in the Division *</th>
<th>Estimate of the SLA’s 2005 population in the Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>11720</td>
<td>Cessnock</td>
<td>86.3</td>
<td>41,877</td>
</tr>
<tr>
<td>11950</td>
<td>Coolah</td>
<td>2.6</td>
<td>101</td>
</tr>
<tr>
<td>12700</td>
<td>Dungog</td>
<td>81.8</td>
<td>6,907</td>
</tr>
<tr>
<td>13050</td>
<td>Gloucester</td>
<td>100.0</td>
<td>4,917</td>
</tr>
<tr>
<td>13350</td>
<td>Greater Taree</td>
<td>97.5</td>
<td>45,789</td>
</tr>
<tr>
<td>13400</td>
<td>Great Lakes</td>
<td>89.7</td>
<td>31,118</td>
</tr>
<tr>
<td>13754</td>
<td>Hastings - Part B</td>
<td>2.1</td>
<td>616</td>
</tr>
<tr>
<td>15050</td>
<td>Maitland</td>
<td>1.4</td>
<td>861</td>
</tr>
<tr>
<td>15250</td>
<td>Merriwa</td>
<td>94.6</td>
<td>2,209</td>
</tr>
<tr>
<td>15600</td>
<td>Murrurundi</td>
<td>100.0</td>
<td>2,106</td>
</tr>
<tr>
<td>15650</td>
<td>Muswellbrook</td>
<td>98.7</td>
<td>14,955</td>
</tr>
<tr>
<td>16400</td>
<td>Port Stephens</td>
<td>40.3</td>
<td>25,634</td>
</tr>
<tr>
<td>16800</td>
<td>Scone</td>
<td>100.0</td>
<td>9,888</td>
</tr>
<tr>
<td>17000</td>
<td>Singleton</td>
<td>93.9</td>
<td>20,914</td>
</tr>
</tbody>
</table>

* Proportions are approximate and are known to be incorrect in some cases, due to errors in the concordance used to allocate CDs to form postal areas

Acknowledgements

Funding for these profiles was provided by the Population Health Division of the Department of Health and Ageing (DoHA).

Further developments and updates

When the re-aligned boundaries are released and DoHA have made known their geographic composition, PHIDU will examine the need to revise and re-publish these profiles (Population health profile, dated November 2005, and the Population health profile: supplement, dated March 2007).

PHIDU contact details

For general comments, data issues or enquiries re information on the web site, please contact PHIDU:

Phone: 08-8303 6236 or e-mail: PHIDU@publichealth.gov.au